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*community magazine*



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# MUSIC

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L-R: Janice Ray (breast cancer survivor) with Pamela Oster, MD; Jim Smith (heart survivor) with Sonia Judge, RN, Joy Small, NA; Debbie Elliott (heart survivor) with Patrick Griffith, MD; Ken Anderson (heart survivor) with Baron Harper, MD; Phil Krebs (heart survivor) with Raimund Zielinski, M.S. Ed and Betsy Decker Clarke, R.N.

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## ON THE COVER:



**Sutter Theater**  
Downtown Plumas Street

Lisa Lizarraga



**New Beginnings**

Sarah Hawkins



**Marvel Murphy at the**  
Marysville Stampede

Matt Cohen

### PUBLISHER/DESIGNER:

Heidi Noleman-Arevalo

### EDITOR:

Heidi Noleman-Arevalo

### COPY EDITOR:

Bill Crocker

### ADVERTISING SALES:

Donna Hannaford

### CONTRIBUTING ARTISTS & PHOTOGRAPHERS:

Winnie Bruce, Kara Castro, Matt Cohen, Mark Anthony Carter, Doug Fonley, Ralph French, Karen Fulk, Anthony Grace, Jerry Gregg, Sarah Hawkins, Eric Jordan, Debbie Lavelock, Lisa Lizarraga, Jay Nixon, Lily Joplin Noonan, Judy Sanchez, Jack Teagarden, Jessica Townsend, Klaus Ueberschaer, Ulan Valusek, Michelle Zearfoss

### CONTRIBUTING WRITERS:

Bill Crocker, JnK Davis, Kate Doscher, Ken Freeman, Anthony Grace, Jim Goodwin, Len La Barth, Denise McDonald, Heather Meunier, Louise Miller, Lily Joplin Noonan, Shirley Soto, Valerie Strawmier

### SPECIAL THANKS TO:

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## ABOUT YUBA-SUTTER

### LOCATION:

The Yuba-Sutter region is located in the Sacramento Valley, Northern California.

### POPULATIONS:

Yuba County 72,578  
Sutter County 94,919

### ELEVATIONS:

Brownsville 1,309 feet  
Live Oak 59 feet  
Marysville 59 feet  
Yuba City 59 feet  
Wheatland 46 feet

### AREA CODE:

The area code for Yuba-Sutter is **530**.

### CLIMATE:

**Mediterranean**—Mild winters with light rainfall from December to March and dry summers with low humidity. Delta breezes make for cool and comfortable evenings.

### TRANSPORTATION:

**By Car**—Yuba-Sutter is a short, 40 minute drive from Sacramento, a pleasant 2 hour mountainous drive from Lake Tahoe, only 2.5 hours from San Francisco, and drivable in a day from most areas in California. Accessible via Highway 20, Highway 99, Highway 70, and Highway 65.

**By Air**—Sacramento International Airport is only 40 minutes south.

**Other**—Greyhound bus services available.

**Local Public Transportation**—Yuba-Sutter Transit has 6 bus routes throughout Yuba-Sutter counties. All buses have wheelchair lifts and bike racks. Route and schedule information is available at [www.yubasuttertransit.com](http://www.yubasuttertransit.com).

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### MUSIC & THE ARTS

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[www.suttertheater.org](http://www.suttertheater.org)

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[www.hertz.com](http://www.hertz.com)



## WELCOME

# Growing up in YUBA

*by Kate Doscher*

Old MacDonald had a farm and so did my Uncle Bruce! What a great adventure, growing up in the Yuba-Sutter area as a kid. As children, we would spend our daylight hours climbing trees, building a fort or tree house, playing with the baby animals on the farm or picking up prunes from our uncle's orchard.

Big cities are a buzzing hive of culture, restaurants, theater and business opportunity, but a small town atmosphere seems to stir something wonderful in the hearts of many. Even those who were raised in a big city, took a bus or train to school and only saw snippets of green grass dotted here and there throughout the bustling metropolis still feel, somewhere deep inside the heart, a kinship with nature and life in the country. The Yuba-Sutter area has an attraction that is more of a feeling than something tangible.

Marysville, Yuba City and I all grew up together and though I may be driving to work along a well-traveled road, I can remember when it was once a country road with peach orchards on both sides. I remember peddling my bicycle with a few juicy peaches in the basket from those orchards! Although the orchards have receded peacefully in defer-

ence to progress and growth, fruit stands with hand-lettered signs that offer the freshest and finest produce still beckon the passersby.

In smaller cities, a person develops and protects an honorable reputation and knows that his word stands for honesty and old-fashioned values. Doing business with people you know and trust is a comfortable way of life. What I missed while living in a big city was my relationship with those who worked or owned the businesses I patronized back home. You can't stay in a dark mood for long when you drop by the corner store and hear, "Hi, Kate! How's it going today?"... or walking into the local restaurant where you're given your "favorite" table and asked if you're going to have your "usual" today.

This beautiful area in which we live is a virtual playground for the young and old alike. Spectacular golf, boating, fishing,

skiing, hunting and a myriad of other entertainments abound. Haven't got much money? No problem. Take a walk around Ellis Lake in Marysville and feed the ducks. Treat yourself to a drive around the Sutter Buttes and marvel at the fact that you can drive around an entire mountain range in no time at all! Don't be surprised if along your drive you spot a camel and a zebra in the pasture of one of the ranch houses. Yes, they're really there and you're not imagining things! A hike in the Buttes during the spring will dazzle you with brilliant wildflowers, lush green grasses and you might even lay eyes on the legendary albino deer. Take the kids to visit a horse ranch, munch on picnic chicken and potato salad down by the river and wave to the rafters as they float by. Ride your bike along the river levee or just nap in the warm sunshine in the park. We are truly blessed to live, work, play or visit in Yuba-Sutter's charming world.

So, open the door and get on out there!

*Kate Doscher is the owner of California Interpersonal Skills, a critical communication business; she served as editor of a business magazine and hosted the television talk show, "Profiles." Kate is a native of Sutter County.*



MICHELLE ZEARFOSS

*Big cities are a buzzing  
hive of culture, restaurants,  
theater and business oppor-  
tunity, but a small town  
atmosphere seems to stir  
something wonderful in the  
hearts of many.*

## FROM THE DESIGNER/PUBLISHER

I am so excited to share with you our fourth edition of Yuba-Sutter Community Magazine. I encourage you to indulge yourself at one of our many fine dining establishments, immerse yourself in culture and discover what I believe is so wonderful about Yuba-Sutter! Thanks to all the artists, photographers and writers whose talent graces these pages; their creativity brings life to this one-of-a-kind community.

Enjoy!

Yuba-Sutter Community

Magazine—The official guide  
to living, working, and playing  
in Yuba-Sutter.



# LIVE OAK: *Changing the face of the Hwy 99 Corridor*



Live Oak is changing and in a BIG way. Over the past seven years, more than 700 new homes have been added to the city, growing Live Oak's population to over 8,000 residents.

Are you looking for a new affordable home in a town that is growing? Have you yearned to be a vital part of the leadership of your town? Always wanted great views and open space? Is a sense of community important? Are you looking for award-winning schools or seeking to expand your business operations in a community with demonstrated demand for your products and services?

A yes answer to any of these questions requires you to take a close look at Sutter County's northern city, Live Oak! We know you will love what you find!

To keep pace with the growth, Live Oak has constructed new park facilities, new water and wastewater facilities, and Live Oak Unified School District has recently completed major improvements at Live Oak High School. Live Oak has adopted a new General Plan, a business friendly, streamlined zoning ordinance and building design guidelines to protect your investment. Water, sewer and storm drain master plans are in place to provide technical guidance, and the Highway 99 Corridor Streetscape Master Plan sets the vision for Live Oak's main street that currently handles approximately 20,000 vehicles per day. An underserved trade area of 11,000 customers is waiting for you!

Live here, work here and simply enjoy life here. Sound appealing? Check out [www.liveoakcity.org](http://www.liveoakcity.org) for more information and then come visit. We're sure you'll want to make Live Oak your new home.



WOW NOW PHOTOGRAPHY



WOW NOW PHOTOGRAPHY

## Bicentennial Living Witness Tree

is located on Highway 99 in Live Oak, & has been identified as being over 200 years old, standing at the time of the signing of the U.S. Constitution. The tree was dedicated on April 28, 1989, National Arbor Day as a Bicentennial Living Witness Tree. It is one of 35 such trees identified nationwide.


For more information contact the City of Live Oak  
(530) 695-2112 | [www.liveoakcity.org](http://www.liveoakcity.org)



## LIVE OAK EVENTS

April	Live Oak Spot—Art on the Trail
May	Memorial Day Service at the Live Oak Cemetery
June	"5K Run/Walk to the River for Youth Scholarships"
September	Live Oak Festival
October	3-City Yard Sale
November	Veteran's Day at the Live Oak Cemetery
November	Small Town Holiday Celebration



For a complete list of community events and activities, please visit us at [www.liveoakcity.org](http://www.liveoakcity.org) or on Facebook. 



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# 10 THINGS YOU MUST DO IN YUBA SUTTER



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1. **YEAR-ROUND RECREATION ABOUNDS IN THE FOOTHILLS.** Collins Lake has it all! Camp, boat, ski, fish, swim, hike, enjoy! See feature page 50.

2. **ULTIMATE FLAVOR OF FRESHNESS.** Indulge yourself in local flavor! From apricots to zucchini, you can find it all, fresh from the farm to your table. See farm/produce stand map pages 28–29.

3. **BEAUTY IS IN THE EYE OF THE BEHOLDER.** Don't blink twice, because Yuba-Sutter has 3 galleries to choose from; enough to raise numerous eyebrows. Stop in and take a peek! See page 39 for gallery listings.

4. **APPLAUSE, LAUGHTER, DRAMA, ACTION AND ROCK & ROLL.** Live theater, comedy, movies on the big screen, and concerts. See page 39 for theater listings.

5. **STROLL THE DOWNTOWN.** Festivals, parades, farmers markets, and more; it happens here! Visit one of our downtown shopping districts to shop, wine, dine, and spend some time. Downtown Plumas Street, Yuba City, [www.yubacitydowntown.com](http://www.yubacitydowntown.com) • Historic Downtown Marysville, [www.visitmarysville.com](http://www.visitmarysville.com) • Live Oak Downtown, [www.liveoakcity.org](http://www.liveoakcity.org)

6. **UNDERWATER FUN. MAKE A SPLASH.** Gauche Aquatic Park is a 10,000 square foot facility with pools, water slides, spray-ground, concessions, and patio. Dive in! Visit [www.gap.yubacity.net](http://www.gap.yubacity.net) for more info.

7. **TOUR THE MAJESTIC SUTTER BUTTES.** Hike, bike, or drive around the World's Smallest Mountain Range. Discover more info at [www.middlemountain.org](http://www.middlemountain.org)

8. **TAKE ME OUT TO THE BALL GAME.** Marysville Gold Sox, is a wood bat college baseball league. Step up to the plate; the season runs May–August. Visit [www.goldsox.com](http://www.goldsox.com) for more info.

9. **EXPLORE THE “CULTURAL.”** From multi-cultural to agricultural, our many festivals celebrate the diversity of Yuba and Sutter counties. See page 51 for festival listings.

10. **RETURN TO A BYGONE ERA.** Travel back in time and experience the richness of our past. See page 8 for museum listings.



## HISTORY

# The MARY AARON Museum

by Lily Joplin Noonan

After more than ten years, the upstairs renovations of the Mary Aaron Museum are complete, and the museum is now open to the public two days a week. The museum staff is designing and building the upstairs exhibits that include a Victorian-era children's nursery, the Anita Laney Collection, and two other rotating exhibits that feature the museum's extensive collections. The upstairs is open to the public now, but the exhibit designing is still in progress.

"It's exciting to be able to showcase items from our collection holdings," said Lily Noonan, museum director. "Many people think of the Mary Aaron Museum and remember only the Victorian furniture, but the furniture and current exhibits in the house represent less than five percent of our total inventory. Most of our items have been in storage and have never been exhibited at the museum."

The museum was founded in 1960 after the house was willed to the City of Marysville by the late Charles Francis "Frank" Aaron to be used as a history museum in honor of his mother, Mary Aaron. The Mary Aaron Memorial Museum Association was formed to handle the day-to-day operations of the museum and raise money to keep the museum open. Currently, funds raised from donations to the museum are used to help preserve the collection.

The museum collection includes thousands of photographic images, old store ledgers from Marysville, the original marriage certificates of Yuba County from the 1850s through the 1920s, jewelry, W. T. Ellis's golf clubs, and many other interesting items.

To learn more about the museum, visit [www.maryaaronmuseum.com](http://www.maryaaronmuseum.com), "LIKE" them at [www.facebook.com/maryaaronmuseum](https://www.facebook.com/maryaaronmuseum) and come for a tour! The Mary Aaron Museum is located at 704 D Street in Marysville.

*Lily J. Noonan is a photographer, arts advocate, and Executive Director for the Mary Aaron Museum. She came to the Yuba-Sutter area in 2007 from South Carolina.*



## MUSEUMS

**Chinese American Museum of Northern California**

232 1st Street, Marysville  
(510) 710-2342

**Community Memorial Museum of Sutter County**

1333 Butte House Road, Yuba City  
(530) 822-7141

**Gold Trader Flat—Yuba-Feather Museum**

19096 New York Flat Road, Forbestown  
(530) 675-1025

**Honda Food Culture Museum**

1744 Feather River Boulevard, Olivehurst  
(530) 749-0568

**Mary Aaron Memorial Museum**

704 D Street, Marysville  
[www.maryaaronmuseum.com](http://www.maryaaronmuseum.com)  
(530) 743-1004

**Museum of the Forgotten Warriors**

5865 A Road, Marysville  
[www.museumoftheforgottenwarriors.org](http://www.museumoftheforgottenwarriors.org)  
(530) 742-3090

## Did you know?

Marysville is not named for Mary Aaron. Marysville was named in honor of Mary Murphy Covillaud. However, the Aarons and Covillauds did socialize, and the museum has Mary Covillaud's rosary, among other Covillaud items.

The house was built circa 1855 by Warren P. Miller and is on the National Register of Historic Places.

Supreme Court Justice Stephen Field once owned the property.

The house is owned by the City of Marysville, but it is maintained through private donations.

Volunteer docents lead tours of the museum. Interested volunteers are welcome to contact the museum at (530) 743-1004 to learn more about getting involved.



MARK ANTHONY CARTER

## TALK OF THE TOWNS

# Striking GOLD in Downtown Marysville

by JnK Davis

The city of Marysville, linked forever to the luster of California's golden history, is a living monument to the state's beginnings. Marysville was forged in the heat of the Gold Rush and seated aptly at the confluence of two major gold-bearing rivers. Its calling throughout the 19th century—to foster the cultural and enterprising spirit of a new state—is today reflected in the bustle and charm of its historic downtown district. Much of the architectural heritage and cultural traditions of Downtown Marysville have survived into the 21st century; and yet, downtown is more than just a window into the past. It has become a vibrant part of the Yuba-Sutter region and its future.

Perhaps the most symbolic features of Marysville are its green archways—great iron,

welcoming arms that reach across several of downtown's brick-lined intersections. To walk under them is to be transported into a 19th century landscape characterized by a variety of architectural traditions from Victorian to Gothic to Asian. But even more, it means walking into the welcoming arms of a quaint and lively shopping district. Visitors to downtown find they're never far from great food, great art, and a variety of specialty boutiques, retail stores, and antique shops.

But unlike many of the Gold Rush 49'ers who spent a fortune and found nothing, a day spent in the downtown is always worth a wealth of fun, adventure, and yes, even treasure. In fact, exploring downtown can

continued on page 10 ➤



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LILY JOPLIN NOONAN

## Striking GOLD in Downtown Marysville

...continued from page 9

be like following an old treasure map...take several paces through historic Chinatown; dine heartily at one of downtown's several delightful restaurants; and lose your bearings while finding that perfect gift for someone special. Finally, wandering into a museum or a gallery or an old-fashioned café, you discover you're back on the path and getting much, much warmer...

X marks the spot! Treasures abound in Downtown Marysville, but nothing is more valuable than the celebrations that tie a city to its roots. December in downtown is full of traditional festivities. Even the arches are dressed up with a cheerful glow. The annual Christmas Parade and Christmas Tree Lighting fill the cold air with warmth, song,



JAY NIXON

and community. Flipping back through the calendar—and through Marysville's agricultural heritage—summer marks the ripening of the peaches. The Peach Festival is held every July in downtown, drawing thousands to a weekend full of juicy peach-ness—peach pie, peach ice cream, peach margaritas, boxfuls of fresh peaches, and peachy entertainment on every corner.

In the cooler, earlier months of the year, usually in February or March, Downtown Marysville hosts a celebration unlike anything in the United States—the Chinese Bok Kai Festival and Parade. This more than 130-year-old parade begins with themed

## DOWNTOWN MARYSVILLE EVENTS

Mar	Bok Kai Festival
Jun	Antiques & Collectibles Street Fair Classic Car & Bike Show
Jun–Aug	Marysville's Friday Night Market Music In The Park
Jul	Marysville Peach Festival
Oct	Smokin' On "D" Rib Cook-Off Scarysville Halloween Festival
Nov	Yuba-Sutter Veterans Day Parade
Dec	Marysville Christmas Parade

**FOR MORE INFO:**  
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ULAN VALUSEK

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# EXPLORE

# HISTORIC

# MARYSVILLE

floats, lion dancers, cultural exhibitions, and culminates with Hong Wan Lung, a 175-foot dragon, winding his way through the downtown streets. The festival pays tribute to Marysville's historic Bok Kai Temple and to Bok Eye himself, the ancient water god who according to tradition, continues to offer his protection to the people of Marysville.

After all, it is the people of Marysville and the surrounding area that give downtown its place in the future. Many residents work diligently to continue Marysville's legacy of enriching the culture and community of Yuba-Sutter. Their effort can be seen in the downtown Farmer's Market, the Veterans Day Parade, the annual Street Fair, and, for the region's children, the Scarysville Halloween celebration. Of Marysville's citizens in the 1860s, Mark Twain wrote, "They are a sociable, cheerful-spirited

community, and if the town should die, they would hardly die with it." Not only haven't they died, but through their continual vitalization of Downtown Marysville, they have also preserved their role in the great story of California.

*James and Kara 'JnK' Davis are a freelance writing team. Their approach to the written word is based on a unique collaborative process, involving the integration of communication arts, psychology, poetics, and a deep appreciation for relationship. They live—and love—in Northern California.*

Marysville Peach Festival  
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## REAL ESTATE &amp; DEVELOPMENT

# Rising Economic OPTIMISM in Yuba Sutter

by Len La Barth

Momentum is building toward an economic development/redevelopment renaissance in the Yuba-Sutter region.

From Live Oak to Yuba County's foothills, southern Sutter County to Yuba City, the area is ripe for economic growth based on its unique characteristics, strategic planning and natural resources, local economic development officials contend.

Economic prospects truly began brightening late last fall, according to Brynda Stranix, president and chief operating officer of the Yuba-Sutter Economic Development Corporation.

"Beginning about November 2011, we began seeing an incredible uptick of inquiries (from enterprises) with better financing in place, more certain of what they're looking for—just a little more serious," Stranix said.

YSEDC is a non-profit corporation that assists businesses considering locating or expanding within the Yuba-Sutter region.

Stranix is particularly excited about an undisclosed Yuba County development project expected to be finalized later this year. "It's big for us. It's big for anybody," Stranix said. "This is huge for the North State region."

Darin Gale, Yuba City's economic development manager, sees local success tied to what happens in neighboring counties.

***"It's truly a regional effort. It's not Yuba-Sutter based—it's our entire region," according to Gale. "Colusa, Butte, Placer, Sacramento, Nevada counties—any type of development in those areas has an impact in our region and our local economy."***

"It's truly a regional effort. It's not Yuba-Sutter based—it's our entire region," according to Gale. "Colusa, Butte, Placer, Sacramento, Nevada counties—any type of development in those areas has an impact in our region and our local economy."

Yuba-Sutter's access to major highways, affordable land and recreational opportunities are major selling points. Gale also points to the "entrepreneurial spirit" exhibited in communities.



MICHELLE ZEARFOSS

"You have to have failures to have successes," says Gale.

Perhaps no other Yuba-Sutter community is as poised to experience future boom times than Live Oak. Of the small towns dotting the Sacramento Valley, Live Oak is emerging as one of the "larger small communities," as a result of strategic planning designed to encourage growth while maintaining the city's core values.

"Live Oak is more prepared than it's ever been to work with businesses, long term, interested in investing in the community," says Jim Goodwin, Live Oak's city manager.

Despite a stalled economy, Live Oak has been forging full-speed ahead in recent years, putting a public policy framework in place in anticipation of the eventual economic rebound.

The city has adopted a new general plan, instituted business-friendly zoning and embraced an ambitious vision with the Highway 99 Corridor Streetscape Master Plan.

Paramount in all of Live Oak's growth plans has been the idea of retaining the city's small-town feel as it matures.

"Communities mature and ultimately grow in size, but you can actively seek to mitigate the impacts of that," says Goodwin.

Stranix, whose agency collaborates with Live Oak, is enthusiastic about the city's prospects.

Live Oak has "a road map for what their needs are and what they want to be. Their planning has really nailed it," said Stranix.

Having land already designated for a particular use has proven crucial for Sutter County. Earlier this year, Stevia First Corp., manufacturer of a no-calorie natural sweetener, announced it was leasing 1,000 acres on the defunct Southridge Golf Course by the Sutter Buttes. Stevia, with existing offices in Yuba City, anticipates locating fields for the shrub-like plant and a refinery on the property, which is zoned appropriately.

"The biggest benefit is it will bring the first tier of a company here," said Stranix. "Generally, when you get a first-tier component to any processing operation, you get the bigger piece of the pie. That's what makes it most exciting."

Stevia's emergence could inspire a positive development domino effect.

"Generally, within an industry, they keep an eye on what others are doing," said Stranix. "So they will be talking about what the other guy is doing—it's working for one, why won't it work for me?"

In Yuba County—specifically the foothills region—the focus is on introducing and embracing initiatives to develop agriculture tourism.

Similar to ongoing efforts in El Dorado, Placer, Nevada and Butte counties, Yuba





MICHELLE ZEARFOSS

County economic development officials are working with small businesses, growers and producers to make “agritourism” a reality. The goal: Establish the county’s foothills—Loma Rica, Browns Valley, Dobbins/Oregon House—as a true destination spot by capitalizing on the combination of abundant natural resources and existing entrepreneurial spirit.

The elements for success exist. “We just haven’t done a good job of connecting the dots,” explained John Fleming, Yuba County’s economic development coordinator.

With impetus from the county’s economic development advisory committee, the agritourism concept is growing in popularity among the foothills’ business owners who recognize the potential for such enterprises as wineries, produce stands, U-pick-em operations, and bed and breakfast establishments. What they also see are barriers—specifically, the absence of appropriate zoning regulations.

To that end, officials are looking at the potential establishment of an agritourism overlay zone that would pave the way for nontraditional uses of land and allow “entrepreneurs to step in,” says Fleming.

In the works for this fall is a summit in Yuba County to explore agritourism and how to bring ideas to fruition.

Yuba City also is looking to benefit from the area’s agricultural roots, but from a different perspective. Gale believes success ahead

lies in branding and relentlessly promoting the superior ag production services already in place.

“We’re not talking about our great farms, we’re talking about the supported services—non-cultivation, the high-tech companies, the chemical companies, the strength of our manufacturing,” says Gale.

Ag production in Yuba-Sutter alone totaled \$1 billion in 2011, according to Gale.

Promoting Yuba City as “Northern California’s Agricultural Hub” involves the visual element of a classic fruit label on a crate to emphasize brand to potential new employers. “It gets back to our roots,” says Gale.

Doing business in California can be challenging, particularly with regard to taxes and

regulations, local officials concede. But they are optimistic about Yuba-Sutter’s economic development prospects.

“We do have some of the toughest regulations in California. Taxes in California will kill you,” says Stranix. “We compete against other states. We’re lucky to still have the enterprise zone. It is a sales point for us.”

“There are reasons why businesses want to be in California—it’s still one of the best places to do business in the world,” insists Gale. “We have to provide all the incentives we can under the law to businesses to grow, expand or relocate here to the Yuba-Sutter region.”

*Len La Barth, former Appeal-Democrat editor, has served on the Yuba County Economic Development Advisory Committee.*



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## BUSINESS

# So You are Ready to Own Your Own BUSINESS Now?

by Ken Freeman

Over 60% of all people surveyed claim that they would like to own their own business. Yet less than 5% will ever attempt to realize their dreams by taking the necessary steps. There are many reasons why people want to start a business, including:

1. To be my own boss—yes, yes, yes
2. Set my own schedule
3. Pride of accomplishment
4. Keep the money I earn as boss for myself
5. Get to work with my family

If you have ever thought of these or other reasons for owning a business but didn't know where to start, then this is your lucky day. Many resources are available at no cost or low cost to you in the Yuba Sutter area. The following are a few steps to take in preparing for this possibility, but do take action to determine if business ownership is right for you.

**Step 1.** Is there a need for your goods/services? This includes the number and size of competitors, the number of potential customers, if there is a "void" in the market in your area of expertise and will potential customers pay what you will need to charge to make a profit.

**Step 2.** Do you have any related experience in your chosen field? Do you understand financial reports, leadership techniques and the ability to negotiate? Do you have skills and knowledge in this chosen field?

**Step 3.** Evaluate what it will take to start your business and operate it until it is profitable. Do you have the needed funds or will you require a loan? Will you need a partner or investors?

**Step 4.** How will you market your business products and services to create visibility, recognition and excitement? Having a website and being on Facebook is necessary but is not a marketing plan! To be successful takes many strategies.

**Step 5.** When you put all the pieces together, determine your break-even sales, and the business looks profitable, check the numbers to make sure your assumptions are realistic.

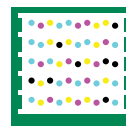
Of course, some great businesses have started part time in the garage or kitchen so be sure to consider this as well. Another possibility is to work with a business owner who will be retiring in three to five years, learn all you can and then buy the business.

If your heart is still pounding with the thought of owning your own business and being self-employed, it is highly recommended that you contact your local Small Business Development Center (Yuba, Sutter, Colusa, Lake & No. Yolo Counties are served by www.yubasbdc.org). The SBDC will hold your hand through the process while you develop your business plan, provide assistance with a web site, train you in accounting and assist with your operating, marketing and financial plans.

If all signs continue to encourage you to start your business, we recommend that you take the 14 week "The A to Z of Business Success" course at our office on Bridge Street, Yuba City. This course will not only explain business success and successful business plan writing, but will introduce you to many local business leaders in the area of



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marketing, patents, banking, insurance and general business areas that will affect your business success. This class is designed for those who are motivated to start a business and current business owners wanting to grow their business.

The following list contains just a few of the local agencies that will assist you in creating and running a successful business.

**1. Yuba Sutter Economic Development Corporation. (YSEDC).** Local economic development contacts, loans and leads for business success.

**2. County One Stop Employee Service Agencies.** Each county has a One Stop and each will assist you with finding, training and hiring an employee. These agencies sometimes have special hiring/training funds to supplement the cost of new employees..

**3. Yuba Sutter Enterprise Zone.** This agency manages the tax credits for hiring employees. It has a large tax credit for qualified employees. Other tax credits for equipment sales tax credits and other special incentives are also available.

continued on page 16 ➤



## BUSINESS

## So You are Ready to Own Your Own BUSINESS Now?

...continued from page 15

4. **Chamber of Commerce** and the **North Valley Hispanic Chamber**. Excellent networking and low cost marketing programs. These chambers have many local leaders as members and provide a great way to be introduced to the market.

5. **Yuba County and Yuba City Economic Development Departments**. The EDC directors are a great resource in finding the resource assistance needed at the county and city level. They are also well informed in local economic needs.

6. **The Northeastern California Small Business Development Center**, hosted by **Yuba College**. As mentioned above, the SBDC meets one on one with clients to discuss their business needs and challenges. In addition, many low cost training sessions

are available in all subjects of business, including marketing, web sites, QuickBooks, social media, financial reporting and more. Information about government contracting is also included. Consultants are available in each subject as well.

Congratulations for exploring business ownership. Owning a business is not easy and most owners will tell you this, but they will

also tell you that they wouldn't want to do anything else. Services are available to assist you in this life changing decision so take action and call for an appointment today at 530-822-0140.

*Kenneth L. Freeman is the Director of the Northeastern California SBDC located at 1227 Bridge Street, Suite C, Yuba City.*

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## BUSINESS

# Why You Need a Business WEBSITE

by Anthony Grace

Whether you're a plumber, a baker or a gardener, if you have a business, you need a website. Period. Do not presume that your product or service cannot be sold online or that only large businesses warrant having an online presence. We have long since moved beyond the bricks and mortar concept of the small business. We are almost twenty years into the Internet age and the rate of technological progress is accelerating.

To be literate today means to be able to read, write and have basic computer skills. Most people reach for their mobile device first to search for products and services rather than drag out the Yellow Pages. So not having a Web presence is like not having a telephone, and Google is the new mobile phone directory. It's really that simple.

So how do you go about getting a website? Who does such work: a Web Designer, a Web Developer? For me as a Developer/Designer, this is the hardest thing to explain to clients. The real answer is that you need both and most unqualified Web Designers have no understanding of the functional needs of even the simplest website; the converse is also true, most developers have little visual design knowledge. A true "Web Professional" will have both designers and developers on staff, because if they haven't, it means they are outsourcing half the work and this invariably leads to a failed website. Suffice to say, you do not ask your 14-year-old kid to do it for you, even if your business is your hobby.

Websites grow over time, just like businesses and have to be designed from the ground up with this reality in mind. This one fact necessitates the use of a strong foundation to build upon; in technical terms, a solid, proven framework for programming the business functionality into the website. It is common to call this a Web application, which is a more complex version of a static website. Even a routine contact form involves programming and testing. If a Web Designer tries to sell you on the idea of displaying your email address on a page and calling it a contact form, then don't be surprised when your email inbox overflows with spam. The reason for this is that spammers glean these email addresses using automated software. Hackers like to collect them as well.

Unfortunately for the small business person, there are a lot of fly-by-night "Web People" out there and it behooves the client to shop around and ask the right questions; a case of caveat emptor, or buyer beware. Before looking for someone to design and build your site, you absolutely have to prepare the content yourself or with the assistance of a good content writer. The success of your website is largely dependent on the quality and relevance of your content. So too is SEO (Search Engine Optimization) and that is a skill in and of itself. Your content needs to be written with this in mind, therefore your content writer needs to understand

SEO thoroughly. You can have the best looking website in the world but it's of little use if people can't find it.

One word of caution: when it comes to SEO, there are even more snake oil salesmen than "Web People". Go to a professional and don't be afraid to ask them about their qualifications. It's your buck. Unfortunately, the Web industry is still a young one and there are many trying to make their name in it. This does not mean they all produce quality results. Would you hire an apprentice electrician to wire your home, or an unqualified doctor to care for your family? Right now, anyone can set up and call himself a Web Designer and have no need for a license to ply their trade. A lot of the clients I meet for the first time have been already burned and are understandably wary.

So when you go to meet somebody to build your site, do not commit until you have had a chance to shop around. Let them make their pitch, gather your business requirements and draft a proposal for you, in writing. More importantly, ask to see samples of their work. Be sure to get the actual URLs (website addresses) of their past work so that someone more knowledgeable can look them over later. It's quite common for unscrupulous designers to show screen shots of work that is not their own, or not a complete functioning website.

It's actually better to have no website at all than to have one that makes your business look bad.

*Anthony Grace holds a Bachelor of Science Honors degree in Computer Science and has worked for local government as a Programmer Analyst for nearly ten years. He also operates as a consultant, specializing in Website Design and Development, E-commerce, Search Engine Optimization (SEO), and SharePoint.*

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## EDUCATION

# FUSION SCHOOLS: *Higher Learning for Early Education*

by Shirley Soto

With so many preschools to choose from in the Yuba/Sutter area, deciding which one is the right fit for your child can seem overwhelming. Just as every child is different with unique interests, energy levels and personality traits, preschools too can vary from one to another.



Fusion Schools has created a curriculum that is unique, original and successful in educating and preparing preschoolers for the elementary years. Since the first school opened in Olivehurst in 2006, two more have been added in Marysville and Yuba City, and the Fusion Schools management is excited about the possibility of moving into new cities and states.

Fusion Schools is the creation of two families: the Hamiltons and the Charlesons. These two families have professional backgrounds in teaching, management, accounting, administration and, of course, raising children.

I visited the Marysville location and discussed Fusion Schools with one of the co-owners, Tom Hamilton.

**Q:** How is Fusion Schools different from other preschools in the area?

**A:** With students rotating through classrooms and experiencing different teachers throughout their day, we have taken a different approach to early learning. We never underestimate the abilities of our students, and they learn all of the essentials through much higher concepts. Every month brings new learning adventures for our students.

**Q:** What subjects are taught?

**A:** Throughout the school year, we cover every California kindergarten standard along with a few from the first grade level and some of our own creation. One of the biggest tasks in developing our curriculum was translating these standards into age-appropriate versions for two to five-year-olds and then creating a way to present them that is fun and engaging.



SARAH HAWKINS

We accomplished this with subject-specific classrooms and monthly themes that provide the context through which we teach. These themes introduce subject matter not typically taught at the preschool level.

**Q:** What is the teacher/student ratio?

**A:** Our preschool ratio averages about 1:10. The class size is no more than ten students. This is accomplished by rotating through subject-specific classrooms, which allows us to accomplish more academically and better understand our student's individual needs.

"I have never let my schooling interfere with my education."  
—Mark Twain



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**Q:** What is most rewarding and challenging about teaching preschoolers?

**A:** For us, we love that our schools are giving our students the best early education available without it feeling like school in the traditional sense. The greatest challenge is finding ways to communicate with them so they truly understand what is being asked of them. There really is a “lingo” with which you can become familiar. Once you have mastered the lingo, success in the classroom will follow.

Fusion Schools is not limited to just preschool. It also offers the following classes and programs:

- Infant program based on the attachment parenting philosophy
- Transitional kindergarten
- Enrichment classes in the afternoons
- Kinder and discovery camps in the summer, which are open to all

To find out more about Fusion Schools and the many opportunities it offers children and parents, check out its wonderful website at [www.fusionkids.com](http://www.fusionkids.com).

*Shirley Soto is a mother of two who writes stories with her children as part of their education. She is currently working on getting one of their stories published. She has written articles for Mid Valley Mama and other organizations.*

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# OUR NEIGHBORS



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## Inger PRICE *More than an Artist*

by Denise McDonald

Inger Price is a woman with vision—you can see it in her sparkling blue eyes. The Yuba City native sees a welding torch as a means of self-expression, and she sees art as a means to heal her community. Artist and activist, downtime is not in her vocabulary.

Inger doesn't remember a time when she wasn't interested in art and feels that her ability is genetic, thanks to her grandfather and father, whose commercial lettering can still be seen in Yuba City. Traveling with her family as a child planted the seeds of wanderlust, and Inger was ready to see what lay beyond her small town after graduating from high school. She got a taste of the bohemian life in Seattle in her early 20s and then traveled to Europe. Returning to Yuba City to care for her grandmother, she came back to the area with a new perspective. She realized it was the condition of human beings that she cared about the most. She also realized she'd found her soul mate when her best friend asked her to marry him.

Feeling stifled by the rules in high school and college classes, Inger walked away to preserve the integrity of her art. When she later returned to college and took a welding class, she found a new passion. Inger not only worked as

a welder after graduating in 2006 but started to get serious about her art as metal became her favorite medium. The signs for the Yuba College Restaurant and the Yuba County Library are her creations and brought her national attention. She feels that all of her life experiences play into the expression of her art. Inger is heavily involved with Gallery 34, an artist co-op in Marysville, which gives local artists a venue and brings art into a community that desperately needs it. She also organized the Yuba-Sutter Arts & History Tour that takes place the first Saturday of every month. The self-guided tour is meant to encourage people to get out and about and discover new things in their own community. When asked why she had chosen an artist's life, Inger replied, “I don't want to waste my life on something mediocre and soulless.”

Inger found a passion for activism when she discovered that a local bar holding a fundraiser for a battered women's shelter was not planning to donate the money they would raise. She distributed flyers all over town to expose that fact and with the help of the bands lined up to play, persuaded the bar owner to do the right thing. “Anger is a powerful weapon for good when wielded properly,” she said of her first taste of advocacy. Considering herself a “stealth do-gooder,” Inger credits the Yuba-Sutter Arts Council with changing her perspective as she realized that the council belongs to everyone and the power to do great things lives within us all. For her, it's about results over recognition. Inger says that volunteering has given her great joy and freedom as well as the ability to participate in things larger than herself for a community in need, whether that need is economic hardship, a high teen pregnancy rate or domestic violence.

When you participate in the Arts & History tour, or drop by Gallery 34, be sure to say hi to one of the driving forces behind both projects. Just look for the energetic woman with the sparkling eyes—she'll be easy to spot.

*Denise McDonald is a copywriter, blogger and freelance writer. She currently blogs for [unforeseenblogger.com](http://unforeseenblogger.com) and [Music Moves Me](http://Music Moves Me) ([blog.mmmllifestyle.com](http://blog.mmmllifestyle.com)) and has written for *The Sacramento Press* and various websites. A native Californian, she lives in Sacramento.*

## CHILDREN &amp; YOUTH

# Warrior's Soul Inc.—A HEALING and Learning Center

by Shirley Soto

The benefits of having animals as companions in our life are many. Not only do they provide comfort and unconditional love, they also keep us active by requiring walks, playtime and much more. Different animals can provide different benefits, such as a dog assisting the blind or a warm, friendly cat that visits the elderly. But there is one animal that can offer companionship, affection and many other rewards. That animal is the horse.

Horses have an unparalleled ability to sense feelings and emotions in us. This gift enables them to connect with humans in a way that can change lives. By giving immediate feedback and mirroring emotions, horses make ideal therapy animals.

Equine Guided Education provides a supportive learning environment for participants to learn about themselves, heal what has been broken and reconnect to what has heart and meaning. The horse is the guide in this process of learning, reflecting and exploring. The Equine Guided Educator cultivates the integration of mind, body and spirit through interacting with a horse chosen specifically for that client and his/her issues.

Warrior's Soul Inc., a nonprofit healing and learning center provides the perfect atmosphere for Equine Guided Education. It is located on a sprawling 30-acre ranch near Camp Far West Lake in the thermal-lands. Surrounded by beautiful oak trees, lush green pastures and rippling ponds, it is the ideal setting to explore a different approach to discovery and healing. Warrior's Soul Inc. was created by Dawn Batti, a Certified Equine Guided Education Facilitator, Equine Specialist and Mell La Valley, a Certified Equine Guided Education Facilitator, Licensed Marriage and Family Therapist and TRICARE Provider.

Together Dawn and Mell have developed many programs designed to assist individuals, families or groups. For children ranging

from ages five and up diagnosed with ADD, ADHD, high functioning autism or other learning and physical disabilities, there is therapeutic horsemanship and horseback riding opportunities. Through out these sessions, a deep bond is created between the specially selected horse and student, facilitating communication and social skills. They also offer a supportive healing environment for children dealing with trauma from physical or emotional abuse. The trust that struggling children develop with the horse has proven to change disruptive or withdrawn behavior to openness and trust.

Warrior's Soul Inc.'s military program assists families and individuals in transition from pre-deployment to post deployment. It also addresses symptom relief from trauma and PTSD, self-mastery, resilience and a chance for participants to learn about

themselves. The horse assists in this process of discovery and healing with authentic perception to what is going on inside the mind and body of the participant.

For individuals or families seeking guidance in dealing with conflict and opening the lines of communication, Warrior's Soul Inc. offers a civilian program that addresses building trust in oneself and others, moving beyond limiting patterns and beliefs and much more. The organization's safe and nurturing environment engages and challenges participants both physically and mentally.

Both programs offer therapeutic horseback riding for special needs children. A PATH (Professional Association of Therapy) certified instructor is always available.

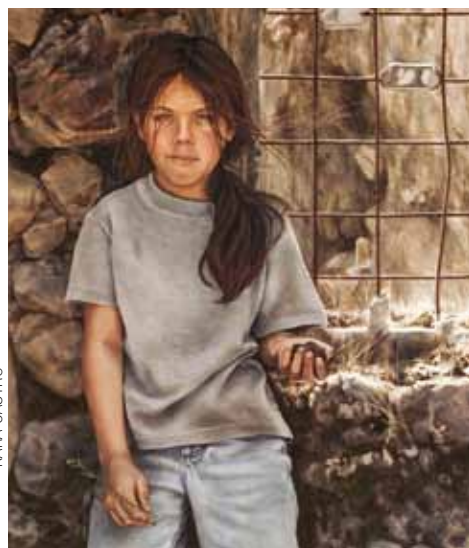
For the young and old who have a love for horses and are interested in learning more about them, there are ranch tours that include horsemanship demonstrations and horsemanship clinics designed to cover all aspects of horses on the saddle and off. These programs are also offered to individuals and groups.

Volunteers are welcome to come and help groom, feed and care for the many horses at the Batti Ranch. For questions or more information, visit the website at [www.warriorssoul.org](http://www.warriorssoul.org).

*Shirley Soto is a mother of two who writes stories with her children as part of their education. She is currently working on getting one of their stories published. She has written articles for Mid Valley Mama and other organizations.*



MICHELLE ZEARFOSS



KARA CASTRO



## LOCAL SENIOR RESOURCES

### ADULT PROTECTIVE SERVICES

**Sutter County Adult Protective Services**  
1965 Live Oak Boulevard, Yuba City  
(530) 822-7151

**Yuba County Adult Protective Services**  
5730 Packard Avenue, Marysville  
(530) 749-6471

### SENIOR SERVICES

**Bi-County Elder Services Team (BEST)**  
1965 Live Oak Boulevard, Yuba City  
(530) 674-1885 ext.102

**Caring Calls**  
777 Ainsley Avenue, Yuba City  
(530) 674-5253

**Caring Concepts Elder Care Solutions**  
1528 Poole Boulevard, Suite E, Yuba City  
(530) 673-6113

**Comfort Keepers**  
901 H Street, Marysville  
(530) 749-8800

**Elder Services of Northern California**  
Ombudsman, Advocacy for Seniors  
(530) 755-2018

**The Integrity Group**  
1528 Poole Boulevard, Suite E, Yuba City  
(530) 671-3308

**Lifeline Systems**  
702 4th Street, Marysville  
(530) 743-5500

**Planning For Seniors, LLC**  
1528 Poole Boulevard, Suite E, Yuba City  
(530) 671-3308

**Yuba City Senior Center**  
777 Ainsley Avenue, Yuba City  
(530) 822-4608

**Yuba County Senior Center**  
4979 Olivehurst Avenue, Olivehurst  
(530) 741-0777

**FREED**  
508 J Street, Marysville  
(530) 742-4474

### VETERAN SERVICES

**Yuba & Sutter Counties**  
1114 Yuba Street, Suite 150, Marysville  
(530) 749-4967

**Yuba Sutter Legal Center for Seniors**  
725 D Street, Marysville  
(530) 742-8289



This publication is sponsored by The City of Yuba City  
(530) 822-4762 [www.yubacity.net](http://www.yubacity.net)

## SENIORS

# The GATHERING of Old Folks

## A Parody of a High School Class Reunion

by Bill Crocker

The old folks met during the summer of 2011 to celebrate fifty-five years of post high school life. We are very proud of our record of holding a reunion every five years. During previous reunions, children, careers, and accomplishments were discussed. This reunion involved discussions of surgeries, medications, and colonoscopies.

Babs Balew thought she had traveled the longest distance, having come from the family island off the coast of southern California. Since it was a straight shot to Buffalo in her husband's Dessault Falcon 7S business jet, the distance was slightly less than Honey Lipshit's trip from Sandspit, Idaho. Honey flew from Spokane, Washington, to Chicago O'Hare, got confused, and boarded a flight for Atlanta, Georgia. She had turned down her hearing aids and missed the final destination call. When she walked into the airport, she was confronted by a Confederate flag that she mistook for the Canadian flag. She was concerned that she was now in a foreign country and didn't speak the language. A kind gate attendant assured her she was not in Canada and got her on a flight to Buffalo. However, Honey was not convinced.

"The nice young man said I was confused about this flag. I still think it was a Canadian one. Isn't the Canadian flag red?"

Billy Upchuck told the story about escaping a colonoscopy until 2009 when he got nailed by his family physician and forced to prepare for the big one. He was so spooked about this geriatric procedure that he prepared one week early and had to repeat it. For forty-eight hours, Billy could boast of the cleanest colon in town.

Sadie Slugsman, always looking for a chance to upstage, told of her experience with a colonoscopy without anesthesia, a chemical concoction she could not tolerate. She vividly described the procedure. She said the doctor warned her when he reached "the curve." It was, apparently, brutal. We all listened enraptured, each thinking it could not have happened to a more deserving person.

Jimmy Fuzzmueller has always been the class photographer. This year was no different. He arrived with his new Canon EOS 5D

and attempted to arrange the class into an arc, three rows deep. However he found the process a bit like herding cats, but cats that talked back.

"C'mon, Fuzz, take the damn picture. My corns are killing me."

"I can't see the camera."

"For the love of God, Charlie, quit trying to give Rita a hickey and move your freakin' head."

Finally, amid the comments and confusion, the group managed to remain relatively still for a few seconds, and Jimmy recorded the event.

The obligatory business meeting was held and chaired by the senior class president, George W. Yes, we have our own George W. He thanked several people for making the reunion a success. Tim and his wife did the barbecuing. George assured us all that Tim did not blame the class for his unfortunate exposure to the hot charcoal briquettes. Clyde Cuttlesworth, in an unusually deep involvement with adult beverages, tipped over the briquettes onto Tim's right shoe. The class passed the hat for a new pair of shoes and President George W. made an on-the-spot executive decision to restrict Cuttlesworth to Nehi Peach Soda for the rest of the day.

Billy's annual letters to fellow classmates were recognized as keeping the class together. However, he was asked that in the future would he please write the letters in font sixteen and refrain from referring to classmates as elderly, over the hill, or with one foot in the grave. Billy graciously agreed.

The reunion ended with a group hug and prayers for safe trips and the unfortunates who became violently ill after eating Emily Oggesby's macaroni salad. Fortunately, only three classmates and one spouse had to be hospitalized overnight. The emergency department physician suggested that Emily might refresh her knowledge concerning the lack of refrigeration's effect on mayonnaise.

*Bill Crocker's eclectic writing avocation has produced six books and over 100 humorous essays and poems for a few obscure periodicals, friends, and family members. He is on Facebook as Bill Crocker Coffee Man's Kid and publishes a blog, [crocker.jnkDavis.com](http://crocker.jnkDavis.com).*



WOW NOW PHOTOGRAPHY

## The DAY SPA

by Valerie L. Strawmier

The Day Spa on Lincoln Road in Yuba City may be a well-known name, but it has a great story as well. The current owner, Kelly Ayala, purchased the company in September of 2009. As a frequent client herself, she had become familiar with the employees and the store and knew this was something she would truly enjoy. It was her dream to own her own business, and she loved the idea of working in an environment that promoted happiness and health. For Kelly, true satisfaction was seeing the look of happiness on her customers' faces after getting new hairstyles or facials.

With the business's ever expanding

services and products, its clientele is steadily growing all the time. Not only is it a full hair salon that provides color, cuts, perms, hair straightening and extensions, but it offers so much more. Manicures and pedicures are available in acrylics and shellac styles, and massages include hot stone, pregnancy or Swedish options. If you're looking for that perfect shade of makeup, you can get a custom blend foundation and some help on how to apply it correctly. Of course, the facials are a client favorite and you can choose from European, Glycolic, Microdermabrasion, Galvanic Acne Treatments and even a body scrub if you wish.

When you work with the professional staff, you'll find that each member is not only experienced and talented, but also has a love for her chosen field. Even a new client that is feeling some apprehension will quickly be put at ease. Come check out the new expansion and changes that will be in place by mid May 2012! The renovated spa will offer additional services, more staff, a wide variety of products and gifts, and most of all, a true, relaxing spa experience.

*Valerie Strawmier is a local writer and blogger. She enjoys living in the Yuba-Sutter area with her husband and two children. Valerie is passionate about writing, helping others and learning how to do both even better!*



WOW NOW PHOTOGRAPHY

ALSO FIND US IN THE WEDDING SECTION  
—PG 31



WOW NOW PHOTOGRAPHY



- Hair Color
- Perms
- Hair Cuts & Styles
- Seniors
- Special Occasion Hair
- Waxing
- Cosmetics
- Body Treatments
- Massage/Couples Massage
- Skin Care (Galvanic & Microdermabrasion)
- Hand, Foot & Nail Care
- Ear Piercing
- Spa Packages
- Seasonal Packages
- Pravana Perfection Smooth Out  
(Non chemical hair straightening)

# THE DAY SPA

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[www.TheDaySpaYubaCity.com](http://www.TheDaySpaYubaCity.com)

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**Day Spa, The**  
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Yuba City (530) 822-9300  
[www.thedayspayubacity.com](http://www.thedayspayubacity.com)



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[www.mindbodyoasisspa.com](http://www.mindbodyoasisspa.com)



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1000 Sutter St., Yuba City  
**Medical: (530) 673-9420**

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[amplahealth.org](http://amplahealth.org)



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## AGRICULTURE

# COMMUNITY *Supported Agriculture:* *One Wheatland Farmer's Story*

by Louise Miller

Just outside Wheatland across from the historical marker commemorating the last stop on the overland emigrant trail, there is a farm with a rich history that is matched by the exciting things that are happening there today. One hundred sixty years ago, George Muck, Forty-niner-turned-farmer, started growing wheat to feed the booming population in the goldfields. In 1851, he bought a section of land that was part of the Johnson Ranch, the large Mexican land grant where members of the Donner Party first found refuge when rescued in 1847 just four years earlier. Today, his descendent, Jim Muck, uses sustainable farming methods and distributes his produce through community supported agriculture (CSA) to meet the demands of the burgeoning local food movement.

Jim started his CSA in 2003 with 16 shareholders on part of his great-great grandfather's original section. He has 40 shareholders this

in the United States in the late 1980s. Now there are over 4,000 CSAs registered with Local Harvest, a leading organic and local food clearinghouse at [www.localharvest.org](http://www.localharvest.org).

Visitors to the farm are greeted by the two resident cats: Fatty Lumpkin, a grey striped male with white socks and a white goatee, and Top Hat, a sleek, all black female. An old fashioned rosebush in the farmhouse yard hints at how many generations have lived here. This sprawling haystack of a rosebush is covered with fragrant, silver dollar-sized white roses all summer long. One can imagine how it may have come to this spot as a cutting, wrapped in burlap and tucked in a covered wagon for the overland trek. A peek under its ancient, thorny canes reveals that it has spilled over several feet of fence, a spigot and a roll of bird netting. When asked about reclaiming the lost items, farmer Jim winces and says, "Not worth the blood."

Jim farms about five acres of heirloom and classic hybrid vegetables. The pumpkin patch and several greenhouses for starting the seedlings that Jim plants weekly are near the house. The three-minute ride to the lower field in Jim's Kawasaki Mule 3000 is a hang-on-to-your-hat adventure that splashes through Dry Creek, so named for its lack of gold, not of water. Jim rotates crops each year, planting one fourth of the field in vegetables and three fourths in a soil building cover crop.

Jim doesn't work his vegetable magic alone. His mother, Marjorie, a member of Master Gardeners, is the kitchen tester for all recipes in the weekly CSA newsletter. His wife, Amanda, a financial planner, makes pickles when Jim has a bumper crop of cucumbers. His dad, Sidney, who has been farming for decades, hands out free advice. Jim, in turn, shares his farming skills, developed over the past ten years, with young farmers in Sierra



## AG RESOURCES

**Sutter County Department of Agriculture**  
142 Garden Highway, Yuba City  
[www.co.sutter.ca.us](http://www.co.sutter.ca.us) (530) 822-7500

**Yuba County Department of Agriculture**  
915 8th Street, Suite 127, Marysville  
[www.co.yuba.ca.us](http://www.co.yuba.ca.us) (530) 749-5400

year and plans to expand to 60 and eventually 100 shareholders in the future. CSA shareholders vary in age, family size and income. What they have in common is enthusiasm for local, high quality, sustainably grown food. They pay the farmer an annual fee up front in exchange for a weekly share, a box of just-picked produce, throughout the growing season. Shareholders connect with the farmer and the land at annual potluck gatherings, the spring pumpkin planting party, the summer tomato tasting party and the fall pumpkin picking party. CSAs are a growing trend that started with just a handful of farms



LILY JOPLIN NOONAN



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Craft, an organization devoted to mentoring the next generation of small scale, organic farmers in Yuba and neighboring counties.

Walking through lush rows, Jim identifies crops destined for share boxes: Valencia heirloom tomatoes, black beauty eggplant, Spanish rioja garlic, rosa di Milano onions, red fire lettuce, pink beauty radishes, butternut squash and garnet sweet potatoes. He pulls up a Nantes carrot, brushes off a bit of earth and declares, “Well grown carrots should taste like candy. The ground has to be cold—that’s what sweetens them.”

Old and new coexist seamlessly at the farm. Standing between the venerable rosebush and a modern greenhouse filled with trays of seedlings, it is easy to envision this farm continuing to feed local families for the next 160 years. To see photos of the farm, recipes and a link to an interview with the farmer, go to [www.jimsproduce.net](http://www.jimsproduce.net).

*Louise Miller was an American Field Service (AFS) exchange student to Japan in 1977. She works as an elementary teacher for Yuba City Unified School District and volunteers for Yuba-Sutter AFS. She earned her Bachelor of Arts in U.S. History and Master of Arts in School Administration from California State University, Chico.*



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## AGRI-TOURISM

# Peaches, Peaches, PEACHES!

*by Louise Miller*

"A Premier California Event"



Historic Downtown Marysville

Annual event  
3rd week in July



Check website for dates and details  
[MarysvillePeachFest.com](http://MarysvillePeachFest.com)



Jerralee Barry, formerly Jerralee LaBarbara, grew up on a peach farm outside of Marysville in District 10. She has fond childhood memories of summer days spent sorting peaches and helping her grandmother can peaches in their outdoor kitchen. Now, Jerralee farms 30 different varieties of freestone peaches, from early varieties such as Sugar Time and Sweet Crest to late varieties such as Carnival and Fair Time. "If conditions are right, I can harvest peaches at the perfect peak of ripeness from May 15 through June, July, August and into September," she said. "There's nothing like eating a fresh peach," she added. "Some

generations-old family farms are at the heart of the Marysville Peach Festival. Started in 1999 as a small, local event by Jody Sodaro, another member of a multi-generation peach farming family, the Peach Festival now attracts 30,000 people every July to historic downtown Marysville. Lasting two days, this street fair has a wide range of activities from which celebrants can choose. Entertainment includes dancing to a live band, riding a mechanical bull, creating a memento at the free children's craft area and hopping on an amusement ride. The friendly competition at the peach pie eating contest and hula hoop



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of our customers know that we start bringing the peaches in from the orchard around 10:00 am. They buy the crates right off the truck, so they can eat a peach just minutes after it's been picked."

Unlike Jerralee, most Americans are a few generations removed from farming. Only one percent report farming as an occupation, yet many have an affinity for farm fresh produce and delight in finding food at its source. The LaBarbara family farm and other

contest is entertaining for participants and the audience alike.

Two educational organizations coordinate events with the festival to raise funds for scholarships. The Yuba College Foundation sponsors the Marysville Peach Festival 5K run/walk, and Marysville Future Farmers of America sponsors the Peaches & Pancakes Breakfast hosted by the Silver Dollar.

Despite all the activity, peaches are still center stage. Opportunities abound to



## Yuba & Sutter Counties Leading Agricultural Commodities By Value, 2010

- |                          |                                 |
|--------------------------|---------------------------------|
| 1 Rice \$288,420,600     | 6 Almonds \$18,968,000          |
| 2 Walnuts \$ 107,072,378 | 7 Nursery Products \$13,308,771 |
| 3 Prunes \$76,558,000    | 8 Milk \$11,323,000             |
| 4 Peaches \$52,456,656   | 9 Wheat \$6,270,500             |
| 5 Tomatoes \$23,214,374  | 10 Cattle & Calves \$5,851,000  |

indulge in fresh peach creations. Peach treats such as peach ice cream, peach smoothies, peach pie, peach cobbler, peach short cake and peach salsa tempt festival goers, as do the plentiful, fresh peaches.

Live Oak, an easy 15-minute drive north from Yuba City on Hwy 99, hosts the Live Oak Festival each September to celebrate the role of agriculture in the city's history. Some of the traditional festivities are a parade, live entertainment, a classic car show, children's activities and farm stand vendors. Live Oak's reputation as a peach producer stretches back to the early 1900s when peach farmers dried

to locate here to be part of the billion dollar industry," explained Darin Gale, Economic Development Manager for the City of Yuba City. He listed dozens of thriving businesses that already call the Yuba-Sutter area home.

One of these is Sierra Gold Nursery, the premier fruit and nut tree nursery for the western states since 1951. Sierra Gold sells thirteen varieties of cling peach trees and an impressive thirty-four varieties of freestone peach trees. Three manufacturers of agricultural equipment: Nelson Manufacturing, a maker of orchard sprayers, Orchard Machinery Corporation, a builder of nut



LILY JOPLIN NOONAN



MARK ANTHONY CARTER

their harvest for market. Today, Live Oak is a pleasant destination known for its well-stocked farm stands and small town atmosphere. It lives up to its tagline, Changing the Face of the 99 Corridor.

Peaches are part of the nearly billion dollars of agricultural commodities grown annually in the Yuba-Sutter area, exceeded in value only by rice, walnuts and dried plums. These crops are represented in Yuba City's new logo and crate label artwork, commissioned in 2011 as part of the Economic Development Work Plan. Yuba City defines itself with the tagline, Northern California's Agricultural Hub: The Perfect Location for your Growing Business. "Businesses that support agriculture choose



LILY JOPLIN NOONAN

tree shakers and Sweco, a maker of heavy equipment are based here. Food processor Sunsweet, one of the area's major employers, ships an average of 40,000 cases of dried fruit and nuts daily from its state-of-the-art plant. These and dozens of other Ag-related businesses such as tractor sales and service, crop dusting, trucking and Ag financial services fuel the area's economic engine.

Celebrating Yuba-Sutter's agricultural heritage at the Marysville Peach Festival

and the Live Oak Festival delivers the pleasure of coming together as a community to appreciate and enjoy the abundance that is here. Come celebrate with the Yuba-Sutter community.

*Louise Miller was an American Field Service (AFS) exchange student to Japan in 1977. She works as an elementary teacher for Yuba City Unified School District and volunteers for Yuba-Sutter AFS. She earned her Bachelor of Arts in U.S. History and Master of Arts in School Administration from California State University, Chico.*



# FARMERS MARKETS

- A Brownsville Farmers Market**  
June-September • Saturdays 9am-noon  
16796 Willow Glen Rd., Brownsville  
(530) 692-9006
- B Foothills Community Market**  
May-October • Saturdays 10am-2pm  
Yuba-Feather Lions Community Hall  
13283 Rice Crossing Rd., Oregon House  
(530) 692-9511 • (530) 923-3560
- C Grange Farmers Market**  
May-December • Saturdays, 10am-2pm  
9765 Marysville Rd., Dobbins  
(530) 692-9404
- D Marysville Friday Night Market**  
June-August • Fridays, 5pm-8pm  
Historic Downtown Marysville  
(530) 740-1213 • VisitMarysville.com
- E Olivehurst Farmers Market**  
May-October • Thursdays, 4pm-8pm  
Olivehurst Senior Center  
4979 Olivehurst Ave., Olivehurst  
staceymarket@hotmail.com
- F Yuba Sutter Farmers Market**  
May-October • Saturdays, 8am-12pm  
461 Plumas St., Town Center, Yuba City  
(530) 671-2003 • YSFarmersMarket.com

## HARVESTING SCHEDULE

ALMONDS	AUG-NOV
APPLES	OCT-NOV
ASPARAGUS	MAR-APR
BERRIES	MAY-JUL
CHERRIES	APR-MAY
CORN	JUNE-SEPT
DRIED PLUMS	AUG-SEPT
HONEY	SEASONAL
KIWIS	SEPT-OCT
OLIVES	OCT-NOV
PEACHES	JUNE-SEPT
PERSIMMONS	OCT-NOV
POMEGRANATES	SEPT-OCT
PUMPKINS	OCT-NOV
STRAWBERRIES	APR-JUL
RICE	SEPT-NOV
WALNUTS	SEPT-NOV

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11343 Choctaw Trail, Loma Rica
- 4 Chao's Strawberry Farm  
Highway 20 & Woodruff Ln., Hallwood
- 5 Correia's Fruit Stand  
13197 Hwy 20, Meridian
- 6 David's Family Farm  
7801 Hwy 70, Marysville
- 7 Flower Hut Nursery  
Hwy 65 & 4th St., Wheatland
- 8 Fruit Palace  
6205 Hwy 99, Live Oak
- 9 Green Seed Nursery  
Hwy 20, Hallwood
- 10 Godfrey Family Farms *(by appt. only)*  
670 S Meridian Rd., Meridian
- 11 High Sierra Beef  
14582 Indian School Rd., Oregon House

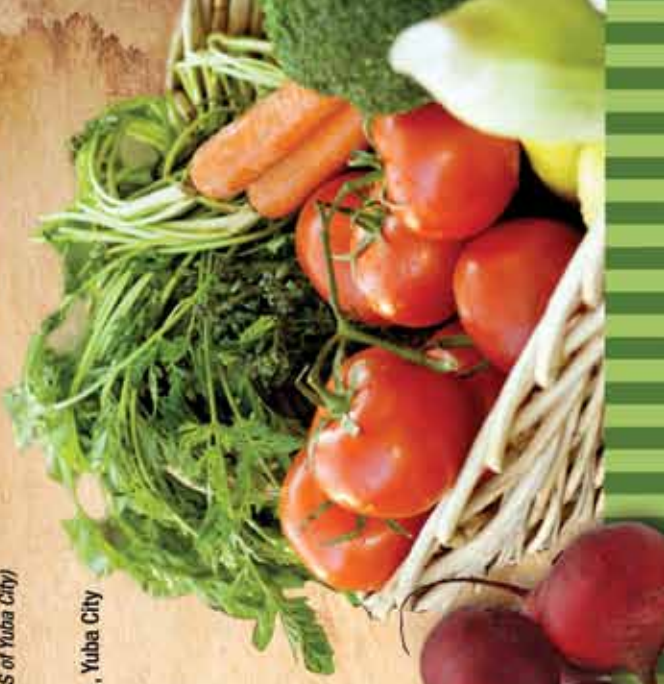
- 12 Honda Food Culture Museum  
1744 Feather River Blvd., Olivehurst
- 13 Jim's Produce  
2636 Spenceville Rd., Wheatland
- 14 Loma Rica Gardens  
12482 Krosens Rd., Loma Rica
- 15 Minton Farms  
Hwy 99, Yuba City
- 16 Moody's Middle Mountain Mandarins  
Griffith Ln., Sutter  
*(next to Sutter High School)*
- 17 Naumes, Inc.  
3792 Feather River Blvd., Olivehurst
- 18 Oregon House Farms  
14582 Indiana School Rd., Oregon House
- 19 P & B Orchards  
3207 Walnut Ave., Marysville

- 20 Saeturn Farm  
North Beale Rd. & Griffith Ave., Linda
- 21 Salle Orchards  
3947 Wheatland Rd., Wheatland
- 22 Spring Valley Produce  
3860 Hwy 20, Marysville
- 23 Sodaro Orchards  
9336 Hwy 70, Marysville
- 24 Stephens Farmhouse  
6219 Sawelle Rd., Yuba City  
*(on Highway 99, 6 miles S of Yuba City)*
- 25 Strachan Apiaries  
2522 Tierra Buena Rd., Yuba City

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## WEDDING

# LOVE is Grand... a Wedding is 27 Grand!

by Kate Doscher

Ah... at last... some "me" time for the bride-to-be. After months of exhausting planning, endless lists, seating charts, invitations, menus and all the gazillion other details that go into planning the most exciting day of my life, I can finally relax for a moment. I'm at **The Day Spa**, having a beauty day with a facial, massage, manicure and pedicure. Sheer luxury!

I can't believe how much I've learned from planning our wedding. The average wedding costs \$27,000, the average wedding has 138 guests, the average honeymoon costs \$3,600 and 50% of the couples will spend 16% more than they budgeted. One in five brides selects her engagement and wedding rings herself. The average price for the bride's set is \$6,113

and \$468 for the groom. I selected three different wedding ring sets at the **Diamond Palace** and my fiancé will surprise me with the one I'll wear forever when he says, "With this ring, I thee wed." So romantic! *(I'm crying already and ruining my facial mask.)*

I want my wedding to be anything but average. I want our big day to be spectacular, smashing and brilliant. I want the event of the decade. *(Oops, sorry. When I get excited, I talk with my hands and that isn't making my manicurist very happy.)*

They say the average wedding cake for 150 people costs between \$520 and \$655. We chose the most delicious wedding cake from **Cakes By Request**. It's gorgeous, certainly not average and priced under budget. The



SARAH HAWKINS


flowers on our cake are the perfect shade of rose to match the bridesmaid's gowns and the flowers in my bouquet. I'm so happy about how everything is coming together, so I can relax a little. *(Note to self: Remind Grandma not to bring her parakeet to the wedding.)*



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by Andrea

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A flower cannot blossom  
without sunshine, and man  
cannot live without love.

—Author Unknown

Ah, time for my massage and a maybe a little nap... for better, for worse, for richer, for poorer, for manicures, for massages, for honeymoons, for... ZZZZZZZZ.

Kate Doscher is the owner of California Interpersonal Skills, a critical communication business; she served as editor of a business magazine and hosted the television talk show, "Profiles." Kate is a native of Sutter County.

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## BPO ELKS

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Exchange Club of Marysville

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Kiwanis Club of Live Oak

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www.lionsclubs.org

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## COMMUNITY

# "A Lot in Common" Brings PEOPLE Together



WOW NOW PHOTOGRAPHY

by Louise Miller

What do the members of Plumbers and Pipe Fitters Local 228, the Yuba-Sutter Arts Council, the Master Gardeners, the Marysville City Council, and an artist from Gallery 34 have in common? The creativity and sweat of these individuals and many others transformed an empty city lot into a garden oasis.

"It became a beautiful coalition of people with the vision of creating this for the community," said Kathy Sedler, Volunteer Coordinator for the Marysville Community Garden, located at the corner of 2nd and C Streets in Downtown Marysville. In addition to donated planning and labor, over \$20,000 in materials and funds were donated to give birth to the garden. Bill Maynard, Vice President of the American Community Gardening Association, said that of the hundreds of gardens that he has helped develop, this garden came to fruition in record time, exactly nine months from start to finish. If the garden's completion is likened to a birth, then Kathy Sedler is the midwife. From creating the plan to gathering the funds and materials to putting it all together, Kathy worked daily at the hub of the project. Some important milestones for the garden were:

- January 15, 2011—Kathy Sedler met with Ricky Samayoa, city council member, to promote her dream of starting a community garden.
- February—Local business owners contributed ideas for the garden concept.

- March—The Yuba Sutter Arts Council donated the use of its theater to screen "A Lot in Common," an award winning documentary showcasing the community commons vision of landscape architect Karl Linn.

- April—The Marysville City Council approved the garden after council member Christina Billeci donated \$700 to cover the garden's last remaining financial hurdle.

- June—Citizens joined city officials for the ground-breaking ceremony and installation of the first fence posts.

- July—Members of Plumbers and Pipefitters Local 228 worked with gardeners to install the irrigation system. The Master Gardeners held the first of many workshops.

- September—Inger Price, artist from Gallery 34, installed the garden's gate, a work of art she designed and welded from scrap metal.

- October 15, 2011—The Marysville City council held the ribbon cutting ceremony for the garden.

From schoolyards to empty lots to the White House lawn, new gardens have been popping up all over the United States at an ever-increasing rate. There were an estimated 6,000 community gardens in the nation in the 1990s and an estimated 20,000 by the mid 2000s. Like the victory gardens of the 1940s, the new community gardens serve real needs. Malinda Houck, community gardener and special education teacher at Gray Avenue Middle School, said that she loves to garden but doesn't have space where she lives. While watering her plot at the Marysville Community Garden, the conversation turned to the rapid growth in the number of gardens nationally. "Part of it is economic uncertainty," she said. "The other part is that people are tired of being away from the earth and other people. We get both here," she said with a sweeping gesture around the inviting, verdant space.

The garden was built at no expense to the City of Marysville and is organized to be self-sustaining. Gardeners like Malinda pay from \$30 to \$60 a year for the use of a plot, depending on its size, to cover the projected cost of water. Benefits the gardens bring to the city include the beautification of the downtown, improved public health through better nutrition, and the creation of opportunities for recreation, exercise, and education. Already, residents of the Depot Family Crisis Center work in the Salvation Army's plot, learning gardening skills and supplying fresh produce to the Depot kitchen. Clients of Victor Community Support Services hone self-reliance skills by learning to grow their own fruits and vegetables.

Building community was the bonus gift of building the garden. "People who might not have met otherwise worked together and learned from each other," said Kathy Sedler. Her vision doesn't end with one garden. Kathy has received and responded to inquiries

from a youth center, a health organization, and residents of nearby towns for guidance in starting their own community gardens.

More and more Yuba-Sutter residents will likely find themselves with a lot in common.

*Building community was the bonus gift of building the garden.*

*Louise Miller was an American Field Service (AFS) exchange student to Japan in 1977. She works as an elementary teacher for Yuba City Unified School District and volunteers for Yuba-Sutter AFS. She earned her Bachelor of Arts in U.S. History and Master of Arts in School Administration from California State University, Chico.*



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## WORSHIP

CROSSROADS *Clothes Closet*

by Valerie L. Strawmier

On an unassuming corner of B Street in Yuba City, there is a wonderful community resource known as Crossroads Community Church. While it has many wonderful programs, one that stands out is its Clothes Closet. What began approximately 12 years ago in a 10'x11' room has grown significantly to occupy its own building. Even that is a story of its own.

Last year, the Clothes Closet helped 40,000 families with clothing needs and this service has continued to increase each year. Normally, each member of the family is allowed to choose ten items of clothing, however, there are situations when the number of items allowed is increased. According to Pastor Clark, "We also hold back some nice clothes in case people need something to wear to a job interview. They can come here and get what they need."

This service is free of charge and the volunteers who work two-hour shifts from

Monday through Friday are very passionate about what they do. The Clothes Closet is open weekdays from 10am-4pm and people are welcome to stop by any time. According to Sherry Brock, who coordinates the Clothes Closet schedule, "Everyone who volunteers is retired and loves having a chance to give back to the community."

While the Clothes Closet may have started out small, now even the city and county agencies refer people to it. Major department stores sometimes donate out-of-season clothes with tags, and there are plentiful donations from local residents as well. The staff members at the Clothes Closet use this opportunity to share clothing with other support groups around town.

Crossroads also works directly with the homeless, people dealing with addiction, and those who are trying to start over. There is no cost for these programs, and they are all funded and operated by volunteers.



JACK TEAGARDEN

Contact Crossroads Community Church at [www.crossroadsyubacity.org](http://www.crossroadsyubacity.org) (530) 751-9168 to help or receive assistance.

*Valerie Strawmier is a local writer and blogger. She enjoys living in the Yuba-Sutter area with her husband and two children. Valerie is passionate about writing, helping others and learning how to do both even better!*

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1481 Hammonton-Smartsville Road, Marysville (530) 743-3988

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#### Cooper Avenue Baptist Church

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#### Praise Chapel Community Church

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#### The Rivers Yuba City Foursquare Church

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#### Wheatland Christian Church

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#### Seventh-Day Adventist Church

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#### First United Methodist Church

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#### Meridian Community United Methodist Church

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#### Sutter United Methodist Church

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## ARTS, CULTURE, MUSIC &amp; MOVIES

# The ART of COMMUNITY is Coming Together

by Heather Meunier

What is art? It is part of someone's heart and soul that refuses to remain hidden and buried. It's creativity that insists on being expressed, and often shared, through different mediums. Art demands a reaction; it can invoke feelings of inspiration, joy, anger, longing, or appreciation in artists or viewers. It's contradictory; everyone reacts to it differently. What one person loves, another may hate. Be it positive or negative, art forces you to feel something.

"Art is more of a psychological thing, so I don't bottle things up inside. I don't think of my photos as still lifes or portraits—to me it's all just art—and it relieves stress and keeps me going," says Minerva Gama, a Yuba College photography student who has been featured in solo and group shows at the Yuba-Sutter Regional Arts Council (YSRAC).

The Yuba-Sutter area is promoting awareness of new galleries and other art-related businesses that have been opening recently. It's fascinating to realize how such a small community can be so culturally rich and can boast of so much creative talent. Local art enthusiasts are encouraging people to get involved and participate in bringing our diverse residents, of many cultures and backgrounds, closer through the many forms of art.

The idea for Gallery 34, originally the "D Street Project," was presented to the YSRAC a few short months ago. Mark Turner of Haney Properties, who with a partner operates six Java Detour coffee shops, offered his



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KAREN FULK

6500 square feet of gallery space, rent-free for a year, in the hope of establishing a place that would allow for positive thinking, beauty, and creativity, as well as inspire a feeling of belonging and a sense of togetherness for the community.

The project was a leap of faith but came together quickly, solely through numerous, hard-working volunteers and benefactors throughout the community. Money, supplies, and time were given generously by local businesses, city council members, teachers, and artists, among others. Lily Noonan, local artist and board liaison for the YSRAC, who cut the ribbon for the grand opening ceremony, was overjoyed that the project was conducted so smoothly and efficiently. She either exclaimed, stated, or said, "It's miraculous that so many people think this idea is important and exciting enough to support." Gallery 34 is managed by about thirty volunteer artists, and offers monthly activities outside of regular business hours, including potlucks, wine tastings, open mic nights, book clubs, and more.

Another up and coming art-based project in the works is the Yuba-Sutter Arts and History tour, also being headed up by the volunteer artists of the YSRAC and Gallery 34. The free, self-guided tour welcomes all ages during the afternoons or evenings on the first Saturday of every month, starting in June 2012. The tour will vary each month, and will include galleries, studios, museums, and live music venues, among others. Inger Price,



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“Be a tourist in  
your community.”

a contributing artist from Olivehurst, says, “The goal of the tour is to expand awareness of the arts to improve the cultural climate in the area.”

Four years ago, a non-profit organization called the Sutter Performing Arts Association (SPAA) was formed with a plan of turning the old Sutter Theater, that closed in 2006, into a performing arts center. In January of 2012, The Theater Gallery, a new edition to the theater, opened for business. The artwork in the gallery changes monthly, and there is an

artist’s reception offered on the first Thursday of every month. The board hopes to complete phase three of the four phase project—which is finishing the inside of the theater—in eighteen months, but it will take many donations of time and labor in order to turn this dream into a reality.

Terri Tomlinson, co-chair of the twelve-member board for SPAA tells me, “The objective is to provide a nice venue for quality

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SARAH HAWKINS



SARAH HAWKINS



SARAH HAWKINS



PHOTO COURTESY OF WOW NOW PHOTOGRAPHY

## Sarah HAWKINS Photographer

by Heather Meunier

After four years of exclusively taking photos, Sarah Hawkins has no regrets with giving up her original pursuit of becoming an English teacher. She explains, “Quite honestly, I really love what I do now. People come to me for my style; it’s a very visual art form. I like the people I work with as I put their visions to paper; there is no theme, just

an intimate portrait. I want to capture them as they are, so their friends and family can say “That is so them.”

Hawkins attended a private elementary school and was homeschooled in high school. After graduating a year early, she enrolled in Faith Christian School in Yuba City for drama classes and eventually taught theater there with a team of other college-aged students.

Hawkins broadened her photography experiences in the San Francisco Bay Area, while going to school in Santa Clara working toward a degree in English. Initially taking photos of bands, she began looking at photography as less of a hobby and more of a career. Her photographs are all completely digital, and she does a lot of “digital imitating film,” as she says.

Hawkins’s favorite photos are portraits. She tells me, “I love taking photos of bums. They are interesting people to talk to, and there’s usually a story behind the photo.” Hawkins doesn’t advertise, preferring to work with people that she knows or word-of-mouth referrals. SHOCKins Photography, her business of two and a half years, can be found on Facebook, or she can be reached at [shockinsphotography@gmail.com](mailto:shockinsphotography@gmail.com).

*Heather Meunier is a student journalist for Yuba College’s The Prospector, and works as an English tutor. She plans on having a full-time writing career because she enjoys making a difference by shedding light on positive, inspiring people doing beneficial things.*

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JESSICA TOWNSEND

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### Blue Moon Acoustic Trio

[edhudson7@gmail.com](mailto:edhudson7@gmail.com)

### Chris Gardner Band

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- Art Gallery—A new artist featured every month
- Black Box Theater
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- Artist Receptions—Monthly at The Theater Gallery
- Masquerade Ball—Annual event in March
- Way, Way, Way Off Broadway—Annual event in November
- Bah Humbug—Annual event in December
- Other Events—See website & facebook for updates

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# ARTS CULTURE MUSIC MOVIES

entertainment, while at the same time saving a piece of vintage architecture. We aren't in competition with the YSRAC or the Acting Company. Our goals aren't about the board, Yuba City, or Plumas Street. They are about the community." The Gallery Theater's staff consists entirely of volunteers, and the city, the fire marshal, and the Downtown Business Association have all been completely supportive of SPAA's endeavors.

With the opening of new galleries and theaters, old favorites have not been forgotten. For the Acting Company, a volunteer-run, non-profit community theater in Yuba City, the show goes on. The Acting Company hosts at least two different productions each month. The Yuba College Theatre for fine arts in Marysville was recently renovated with 1.3 million dollars of Measure J bond money, and its first musical in over a decade, *Sweeny Todd*, was a bloody success.

## THEATRE & MOVIES

**Acting Company, The**  
815 B Street, Yuba City  
(530) 751-1100 [www.actingcompany.org](http://www.actingcompany.org)

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**Sutter Performing Arts Theatre**  
754 Plumas Street, Yuba City  
(530) 673-4297 [www.suttertheater.org](http://www.suttertheater.org)

**Yuba College Theater**  
2088 N Beale Road, Marysville  
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The common theme of all of these places is to entertain, encourage, and inspire, to promote togetherness, and share the enjoyment of the beauty and blessings that each new day has to offer. Everyone needs a "happy place"; somewhere that brings feelings of inner-peace, comfort, joy, laughter, and love. A place you look forward to going to and regret having to leave. With so many volunteers committed to improving and bettering our community through the arts, Yuba-Sutter is full of hidden treasures begging to be found; simply open your eyes and take a look around.

## ARTS & MUSIC

**Frame Shop, The**  
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(530) 673-8102

**Gallery 34**  
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(530) 763.5741 [www.gallery34.org](http://www.gallery34.org)

**J&J Custom Framing & Fine Art Gallery**  
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(530) 751-0525 [www.artsee.org](http://www.artsee.org)

**Musical Touch, The**  
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**Studio C**  
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(530) 673-2821

**The Theater Gallery**  
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(530) 701-8344 [www.suttertheater.org](http://www.suttertheater.org)

**Yuba-Sutter Regional Arts Council**  
624 E Street, Marysville  
(530) 742-ARTS [www.yubasutterarts.org](http://www.yubasutterarts.org)

*Heather Meunier is a student journalist for Yuba College's The Prospector, and works as an English tutor. She plans on having a full-time writing career because she enjoys making a difference by shedding light on positive, inspiring people doing beneficial things.*

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PHOTOGRAPHY  
BY DEBBIE LAVEROCK  
530.933.2222  
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## DINING

## Who's HUNGRY?

by Kate Doscher

I'm hungry! I'm always hungry. There are just so many delicious temptations that it's difficult to select a restaurant. I like Italian. Who am I kidding? I LOVE Italian, and I love the **Dancing Tomato Caffé**. If you get a whiff of garlic bread while you're still in the parking lot, you know that's a great Italian restaurant. On a hot day, it's **Sutter Buttes Brewing** for a tasty sandwich and a tall, cool one.

When a little vicarious travel is in order, I can dine on authentic (and I mean authentic) Greek cuisine at **Fotine's Simply Greek Café**. Fotine's recipes are the very same ones her daddy brought from the old country . . . probably in a little brown bag. If I want Mexican food, I go to **Maria's Mexican Restaurant**. Maria always gives you a big smile (and a Margarita, if you want one) and makes you feel right at home. Whenever I'm missing my kinfolk in the South, a trip to **Fat Daddy's Frankfurters** will dry my tears in a hurry. Who's hungry? Let's eat!

*Kate Doscher is the owner of California Interpersonal Skills, a critical communication business; she served as editor of a business magazine and hosted the television talk show, "Profiles." Kate is a native of Sutter County.*

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1590 North Beale Road, Marysville (530) 742-2094	\$	1655 Colusa Highway #300, Yuba City (530) 790-6877	\$
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1560 Butte House Road, Yuba City (530) 751-7478	\$\$
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<b>El Papas Family Bar &amp; Grill</b>	
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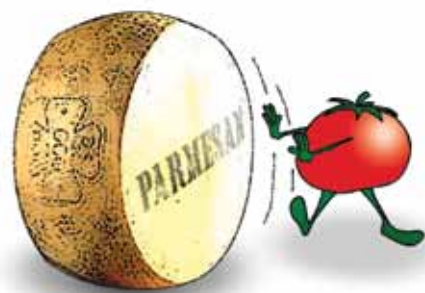


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## Dancing TOMATO Caffé

by Heather Meunier

The Dancing Tomato Caffé in Yuba City is family owned and operated, and locals Sharlene and Kevin Katz promise something for everyone. The caffè offers menus for breakfast, lunch, dinner, wine, desserts, kids, seniors, and monthly specials. The Katzs offer dine-in and take-out and are hoping to expand into deliveries. The Royalty Rewards program allows patrons to earn discounts and coupons. Theme parties are held, such as princess or pirate nights, and FUN-raisers are conducted that support local schools, clubs, teams, churches, and non-profit organizations. Veterans eat free on Memorial Day and Veteran's Day.

The best thing about a hot meal is knowing where your food came from. Sharlene studied food and nutrition in college. She emphasizes the priority of keeping The Dancing Tomato Caffé as localized as possible. "We get to do what we love, thanks to local farmers. We take pride in offering a variety of choices that are nutritional, sourced locally when possible, and are made from scratch daily or cooked to order. Even our Cordi wine comes from the Sutter Buttes first winery." This sets this restaurant above others when it comes to being a truly local, independent, and non-corporate restaurant.

As well as being conscious of what comes into their restaurant, the Katzs are very aware of what goes out. They're working with Yuba-Sutter Recology on a pilot program to turn organic waste and food scraps into compost for local farmers to replenish the lands, rather than adding to local landfills. "Green Sharlene," as her husband calls her, explains. "A lot of waste goes out the door; it saves money on waste hauling, but it's really the right thing to do."

*Heather Meunier is a student journalist and the Content Editor for Yuba College's The Prospector, and works as an English tutor. She plans on having a full-time writing career because she enjoys making a difference by shedding light on positive, inspiring people doing beneficial things.*

## DINING

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666 Plumas Street, Yuba City (530) 673-8140	\$
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<b>Waffle Barn, The</b>	
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<b>Waffle Shop</b>	
10432 Live Oak Boulevard, Live Oak (530) 695-1303	\$

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<b>Applebee's</b>	
1000 Sharp Road, Yuba City (530) 822-9566	\$
<b>Bonnie Lou's Café</b>	
8570 La Porte Road, Brownsville (530) 675-1824	\$
<b>Cilantro's Restaurant</b>	
460 Center Street, Yuba City (530) 822-9095	\$
<b>Courthouse Café</b>	
513 B Street, Marysville (530) 742-1162	\$
<b>Dancing Tomato Caffé</b>	
990 N Walton Avenue, Yuba City (530) 790-0300	\$
<b>Dawg House Deli &amp; Café, The</b>	
2281 California Street, Sutter (530) 751-2300	\$
<b>Denny's Restaurant</b>	
630 10th Street, Marysville (530) 743-8503	\$
<b>Duke's Diner</b>	
1770 7th Avenue, Olivehurst (530) 741-2970	\$
<b>Fotine's Simply Greek Café</b>	
647 Plumas Street, Yuba City (530) 923-2315	\$
<b>Hometown Buffet</b>	
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<b>Lumberjack's Restaurant</b>	
1025 Colusa Avenue, Yuba City (530) 673-3270	\$
<b>Palace Restaurant at Lake Francis Resort</b>	
13919 Lake Frances Road, Dobbins (530) 692-1704	\$
<b>Peach Tree Restaurant</b>	
1080 N Beale Road, Marysville (530) 743-4918	\$
<b>Perko's Café</b>	
724 Onstott Frontage Road, Yuba City (530) 674-8251	\$
<b>Red Robin</b>	
1208 Colusa Avenue, Yuba City (530) 751-1012	\$
<b>Rocky's Grill and Fountain</b>	
1510 B Street, Marysville (530) 743-7536	\$
<b>Sun's Cafe</b>	
646 Gray Avenue, Yuba City (530) 673-1689	\$
<b>Sundowner Café</b>	
208 Bridge Street, Yuba City (530) 674-7376	\$
<b>Willow Glen Restaurant</b>	
13809 Willow Glen Road, Oregon House (530) 692-3005	\$

**FINE DINING**

<b>Bonanza Inn Restaurant &amp; Lounge</b>	
1001 Clark Avenue, Yuba City (530) 674-8824	\$



<b>Café Collage</b>	
13501 Rice Crossing Road, Oregon House (530) 692-2555	\$
<b>City Café, The</b>	
667 Plumas Street, Yuba City (530) 671-1501	\$
<b>Karma Café</b>	
628 Plumas Street, Yuba City (530) 755-9879	\$
<b>Pasquini's Fine Foods &amp; Spirits</b>	
6241 Highway 99, Live Oak (530) 695-3384	\$
<b>Refuge Restaurant &amp; Lounge, The</b>	
1501 Butte House Road, Yuba City (530) 673.7620	\$
<b>Ruthy's Bar &amp; Oven</b>	
229 Clark Avenue, Yuba City (530) 674-2611	\$

**GREEK CUISINE**

<b>Fotine's Simply Greek Café</b>	
647 Plumas Street, Yuba City (530) 923-2315	\$

**INDIAN CUISINE**

<b>Curry Leaf India Bistro &amp; Bar</b>	
1400 Whyler Road, Yuba City (530) 821-0121	\$
<b>Five Rivers Tandoori Restaurant, The</b>	
885 Richland Road, Yuba City (530) 329-8624	\$
<b>Star of India Cuisine</b>	
1538 Poole Boulevard, Suite W, Yuba City (530) 673-1999	\$
<b>Taste of India</b>	
1456 Bridge Street, Yuba City (530) 751-5156	\$

**ITALIAN CUISINE**

<b>Dancing Tomato Caffé</b>	
990 N Walton Avenue, Yuba City (530) 790-0300	\$
<b>Marcello's Italian Restaurant</b>	
1235 Bridge Street, Yuba City (530) 674-2171	\$
<b>Strings Italian Café</b>	
1265 Colusa Avenue, Yuba City (In The Mall) (530) 673-7881	\$

**MEXICAN CUISINE**

<b>Adelitas Mexican Grill</b>	
105 Garden Highway, Yuba City (530) 755-2041	\$
<b>Antonio's</b>	
5843 Feather River Boulevard, Marysville (530) 743-6300	\$
<b>Antonio's Quick Lunch</b>	
761 Colusa Avenue, Yuba City (530) 673-2534	\$
<b>Betty's Authentic Mexican Restaurant</b>	
10180 Live Oak Boulevard, Live Oak (530) 695-3535	\$
<b>Carniceria Lupitas</b>	
441 Bridge Street, Suite H, Yuba City (530) 790-7802	\$
<b>Casa Carlos</b>	
413 6th Street, Marysville (530) 742-7793	\$
<b>Casa Lupe</b>	
655 Onstott Road, Yuba City (530) 673-2190	\$
<b>Chipotle Mexican Grill</b>	
1005 Gray Avenue, Yuba City (530) 671-1581	\$
<b>Cisco's Taqueria</b>	
301 3rd Street, Marysville (530) 749-2244	\$
<b>Costa Vida Fresh Mexican Grill</b>	
1074 Harter Road, Yuba City (530) 673-9283	\$
<b>El Azteca Restaurant</b>	





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# The Refuge RESTAURANT

by Kate Doscher

When Tiffani Montna Williams was a little girl, she spent endless hours in the fields with her father, checking on the tomatoes, and waiting for the fruit and nut orchards to reach their peak of perfection for harvesting. Perhaps that happy childhood, spent savoring nature's delicious bounty, is what prompted her to become a personal chef when she grew up. Now, Tiffani and her family own the legendary Refuge Restaurant and her years on the ranch have given her the edge when it comes to selecting the best and ripest local fruits and vegetables to serve in the restaurant. Famous for serving prime graded beef —only 2 percent of the U.S. beef is graded prime —and serving the “best of the best” is what makes The Refuge the first choice for banquets, parties and fine dining. Many of the locals remember Tiffani's “Farm to Table Dinners”: five courses served right in the fields or orchards on long, beautifully decorated tables with guests feasting on courses made from the local seasonal crop surrounding them. Each course is paired with the perfect complement of wine. How enchanting to dine among the majestic sunflowers at dusk by candlelight! Back at The Refuge, guests can toast friends with a classic cocktail like a “sidecar” or “old fashion” in the superbly appointed bar, or as we frequently like to do in the valley, dine alfresco on the patio near the waterfall wall. Whatever your pleasure, you'll find it at The Refuge.

*Kate Doscher is the owner of California Interpersonal Skills, a critical communication business; she served as editor of a business magazine and hosted the television talk show, “Profiles.” Kate is a native of Sutter County.*

1747 Live Oak Boulevard, Suite G, Yuba City (530) 822-9494	\$	962 Gray Avenue, Yuba City (530) 751-9000	\$
<b>El Corralejo</b>		<b>Pizza Factory</b>	
1540 Butte House Road #600, Yuba City (530) 673-6410	\$	10345 Live Oak Boulevard, Live Oak (530) 695-3232	\$
<b>El Marino Mexican and Seafood</b>		<b>Pizza Guys</b>	
610 N Palora Street, Yuba City (530) 671-9729	\$	1000 Lincoln Road, Suite F, Yuba City (530) 822-9999	\$
<b>El Ranchito Market</b>		<b>Pizza Guys</b>	
10448 Live Oak Boulevard, Live Oak (530) 695-2908	\$	201 D Street, Marysville (530) 741-1110	\$
<b>El Rey</b>		<b>Pizza Hut</b>	
512 E 19th Street, Marysville (530) 741-3221	\$	1130 N Beale Road, Marysville (530) 742-8897	\$
<b>El Zarape</b>		735 Colusa Avenue, Suite A, Yuba City (530) 674-3180	\$
1005 Stafford Way, Yuba City (530) 755-2888	\$\$	<b>Pizza Place, The</b>	
<b>Humberto's Tacos</b>		9826 Live Oak Boulevard, Live Oak (530) 695-3733	\$
511 2nd Street, Suite C, Yuba City (530) 755-2398	\$	<b>Pizza Round-Up</b>	
<b>Joe's Mexican Grill</b>		11806 Loma Rica Road, Marysville (530) 743-9896	\$
1974 Acacia Street, Sutter (530) 673-8773	\$	<b>Primetime Pizza</b>	
<b>La Mexicana</b>		1920 Highway 65, Suite 170, Wheatland (530) 633-4488	\$
1265-H Colusa Avenue, Yuba City (In The Mall) (530) 673-6878	\$	<b>Round Table Pizza</b>	
<b>La Mexicana</b>		202 9th Street, Marysville (530) 740-1112	\$
9826 Broadway, Live Oak (530) 695-1167	\$	1278 Stabler Lane, Suite 500, Yuba City (530) 755-4090	\$
<b>La Unica's Fresh Mex &amp; Bakery</b>		828 Gray Avenue, Yuba City (530) 671-3675	\$
971 Gray Avenue, Yuba City (530) 755-3900	\$	<b>Straw Hat Pizza</b>	
<b>Los Charros Taqueria</b>		540 Bogue Road, W-1, Yuba City (530) 671-5150	\$
425 Colusa Avenue, Yuba City (530) 671-4140	\$	9531 Live Oak Boulevard, Live Oak (530) 438-2055	\$
<b>Lupita's Restaurant</b>		<b>SPECIALTY FOODS</b>	
10374 Live Oak Boulevard, Gridley (530) 695-8100	\$	<b>Auntie Anne's Soft Pretzels</b>	
<b>Maria's Mexican Restaurant &amp; Cocktails</b>		1265 Colusa Avenue, Yuba City (In The Mall) (530) 755-2220	\$
601 D Street, Marysville (530) 742-0439	\$	<b>STEAKHOUSE</b>	
<b>Roberto's</b>		<b>Bill's Place</b>	
200 D Street, Wheatland (530) 633-2474	\$\$	417 4th Street, Wheatland (530) 633-2117	\$\$
<b>Salsa Fresh</b>		<b>Cool Hand Luke's</b>	
1000 Lincoln Road, Suite N, Yuba City (530) 673-3034	\$	1669 Colusa Highway, Yuba City (530) 822-9900	\$\$
<b>Taqueria Cinco De Mayo</b>		<b>Dancing Tomato Caffé</b>	
4925 Olivehurst Avenue, Olivehurst (530) 742-6628	\$	990 N Walton Avenue, Yuba City (530) 790-0300	\$
<b>Taqueria Cuevas</b>		<b>Ranch House Restaurant Bar &amp; Grill</b>	
1450 N Beale Road, Marysville (530) 742-1346	\$	111 S George Washington Boulevard, Yuba City (530) 923-2272	\$\$
<b>Taqueria Grande</b>		<b>Sizzler</b>	
105 Garden Highway, Yuba City (530) 755-2041	\$	872 Onstott Frontage Road, Yuba City (530) 673-1458	\$
<b>Taqueria El TacoNacho</b>		<b>Silver Dollar Saloon</b>	
4256 Fleming Way, Olivehurst (530) 742.6226	\$	330 ½ 1st Street, Marysville (530) 743-1558	\$\$
<b>Taqueria Guadalupe</b>		<b>SWEETS &amp; TREATS</b>	
1380 Franklin Road, Yuba City (530) 822-9767	\$	<b>Acambaro Bakery</b>	
<b>Taqueria Valle</b>		652 Plumas Street, Yuba City (530) 671-7466	\$
1272 Colusa Avenue, Yuba City (530) 755-0516	\$	<b>Cake Lady, The</b>	
<b>Tortilleria Flores</b>		1365 Live Oak Boulevard, Yuba City (530) 751-2253	\$
120 Percy Avenue, Yuba City (530) 671-4398	\$	<b>Cakes By Nancy</b>	
<b>PIZZA</b>		440 Colusa Avenue, Yuba City (530) 821-2253	\$
<b>Dancing Tomato Caffé</b>		<b>Cakes By Request</b>	
990 N Walton Avenue, Yuba City (530) 790-0300	\$	101 C Street, Marysville (530) 742-9020	\$
<b>Domino's Pizza</b>		<b>California Yogurt</b>	
861 Gray Avenue, Suite H, Yuba City (530) 673-3131	\$	1282 Stabler Lane, Suite 610, Yuba City (530) 673-2303	\$
<b>Little Caesar's Pizza</b>		<b>Candy Box, The</b>	
1410 Bridge Street, Suite C, Yuba City (530) 673-3330	\$	415 D Street, Marysville (530) 742-3124	\$
<b>Mountain Mike's Pizza</b>		<b>Cookie Tree The</b>	
1540 Butte House Road, Yuba City (530) 751-2525	\$	441 Bridge Street, Yuba City (530) 673-1246	\$
<b>Neighbors Pizza</b>		<b>Cupcake Magic</b>	
1957 McGowan Parkway, Olivehurst (530) 749-0500	\$	728B Plumas Street, Yuba City (530) 923-7847	\$
<b>Papa Murphy's Pizza</b>		<b>Edible Arrangements</b>	
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Listings in this publication have been verified to the best of our abilities and are considered accurate as of press time. If, by chance, we have made an error or your business was omitted, please feel free to contact us.

## Downtown Plumas Street: The Heart of YUBA CITY



JUDY SANCHEZ

by Denise McDonald

Have you visited downtown Yuba City lately? Historic Plumas Street has undergone quite a transformation over the past few years and today is a thriving, inviting marketplace, covering three blocks and containing over 90 businesses. Everything from dining and spirits to high-end boutiques can be found just a leisurely stroll away from comfortable, affordable lodging. Don Covey, former president of the Downtown Business Association said Plumas is already a unique shopping environment, but the Association still looks ahead. "The goal is to continue to bring in dynamic and interesting merchants and products to enhance what is already a great collection of independent businesses." So head on out to see what Plumas, as the locals call it, has to offer.

### SATISFY YOUR APPETITE

First things first: find something to eat. Whether you're famished, looking for a quick snack or feel like relaxing over a cocktail, you're in luck. There are seventeen dining and spirits locations to be found while getting to know the downtown area. **Sutter Buttes Brewing**, located on Center Street, offers a menu full of classic American dishes, sides and mouth-watering desserts. A great excuse to experience fresh local beer, patrons can sample one of many hand-crafted brews served right from the tank. For a taste of Mediterranean cuisine, head over to **Fotine's Simply Greek Café** on Plumas Street. Try their signature gyro pita, a customer favorite that dates back to when Fotine's "café" was a commercial kitchen on wheels. If that doesn't strike your fancy, the menu also includes panini's, deli sandwiches and homemade soups and salads. If you're out in the morning, stop by for house-brewed coffee or espresso and a freshly-baked scone.

Shop

Dine

Stroll

When your sweet tooth calls, stop by **The Cookie Tree** on Bridge Street. Specializing in gourmet cookies, brownies and decadent desserts, they also offer specially decorated cookies, fudge, cupcakes, coffee and espresso. Owner Sue Smith is proud to be a part of the Plumas Marketplace. She feels that keeping her shop open later in the evening, once the weather warms, encourages people to get out and about. "I love to see families stroll around enjoying themselves and visiting the shops. By concentrating on local and independent businesses, we've maintained our small town personality." **City Café** has an inviting atmosphere that's perfect for dinner for two, while the whole family will enjoy breakfast or lunch served with a fun 50s flair at **Linda's Soda Bar**. If you're looking for a tempting menu that also has something for the kids, The



JERRY GREGG



## Discover

## Downtown

**Karma Café** won't disappoint. How about a little wine tasting? Recently-opened **Bali Wines**, a new winery and tasting room, is a wonderful place to discover local wines and soak up the ambiance with friends. You may just discover your new favorite wine.

### PLACES TO GO AND THINGS TO DO

Once you've sampled the local fare, it's time to have some fun. Whether window shopping or looking for something in particular, you'll find a fabulous array of upscale boutiques, specialty shops, book and music stores. Are you looking for gifts or collectibles? You'll find those too. If you feel like expressing yourself, drop by **Sutter Buttes Brewing** on a Thursday for open mic night from 7:00 – 9:30. Future plans include booking local acts on Saturday evenings. Owner Mark Martin

continued on page 46 ➤



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## DOWNTOWN YUBA CITY EVENTS

May	Cinco de Mayo Parade
May–Oct	Yuba-Sutter Certified Farmers Market
May–Nov	Center Street Farmers Market
Jun	Summer Stroll
Oct	California Beer & Wine Festival
Dec	Christmas Stroll

**FOR MORE INFO:**  
[www.yubacitydowntown.com](http://www.yubacitydowntown.com)

## Downtown Plumas Street: The Heart of YUBA CITY

...continued from page 45

sees the venture into live entertainment as a means to draw people to the downtown area and give them a reason to get out and have a good time. Manager Alison Robinson said, "Live entertainment has brought a community atmosphere to the brewery and has been a positive addition to our specialized event planning." If art is your passion, you won't want to miss the new **The Theater Gallery** on Plumas Street. Displaying the work of locals, the gallery features a new artist each month and also holds a reception the first Thursday of every month. You'll find the gallery just to the south of the historic **Sutter Theater**, which will undergo renovation, thanks to the Sutter Performing Arts Association.

### MARK YOUR CALENDARS

Family-friendly events are planned throughout the year, so there is always something going on downtown. Saturday morn-

ings from May to October, visit the **Certified Farmer's Market**, where you'll meet the farmers who grow the food they're selling. The new **Center Street Farmer's Market** takes place every Wednesday evening and offers live entertainment along with the area's best produce. The annual **Cinco de Mayo Parade**, held the first Sunday in May, is the North Valley's largest Cinco de Mayo festival. If you'll be in the area in June, you'll want to make sure to bring the family to the **Summer Stroll**. The free event will include live entertainment on three stages, a kid's zone and of course plenty to eat and drink.

The rich history of Yuba City was preserved throughout the downtown area as the renovation of Plumas Street came to fruition. The cultural heart of the city is rooted to the past while looking toward a future full of promise. Take a stroll downtown and get to know Plumas—you'll be glad you did.

*Denise McDonald is a copywriter, blogger and freelance writer. She currently blogs for [unforeseenblogger.com](http://unforeseenblogger.com) and [Music Moves Me™](http://Music Moves Me™) ([blog.mmmlifestyle.com](http://blog.mmmlifestyle.com)) and has written for The Sacramento Press and various websites. A native Californian, she lives in Sacramento.*



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WOW NOW PHOTOGRAPHY BY DEBBIE LAVERLOCK







# PLACES TO GO THINGS TO DO

For addresses, phone numbers, and websites of these recreational areas see pages 51–57.

	BASEBALL	BASKETBALL	BIKING	BIRD/WILDLIFE VIEWING	CAMPING	KIDS PLAYGROUNDS	DISC GOLFING	FISHING	GO CARTS	GOLD PANNING	GOLFING	HIKING	HUNTING	MOTOR SPORTS	ARCHERY, GUN, AND	SKATEBOARDING	SOCCER	SWIMMING	WATERSPORTS	WHITEWATER RAFTING
BULLARD'S BAR			•	•	•			•				•						•	•	
CAMP FAR WEST LAKE			•		•			•				•						•	•	
CHAMPIONS INDOOR SOCCER ARENA	•	•															•			
COLLINS LAKE			•	•	•	•		•				•	•					•	•	
COYOTE RUN GOLF COURSE AT BEALE AFB											•									
E-STREET MX														•						
ELLIS LAKE & GAZEBO ISLAND			•					•											•	
FEATHER RIVER								•										•	•	•
FEATHER RIVER LEVEE BIKE TRAIL			•																	
GAUCHE AQUATIC PARK						•												•		
GOLD MINE MINATURE GOLF											•									
GRAY LODGE STATE WILDLIFE REFUGE			•	•				•				•	•							
LAKE ENGLEBRIGHT	•	•	•		•	•		•				•	•				•	•	•	
LAKE FRANCIS RESORT			•		•	•		•				•						•	•	
LAKE MINDEN			•	•	•			•			•	•						•	•	
LIVE OAK RIVERFRONT PARK					•														•	
LOVEY'S LANDING PARK & MARINA					•			•											•	
MALLARD LAKE GOLF CENTER											•									
MARYSVILLE FUN PARK									•		•									
MARYSVILLE RACEWAY PARK														•						
OLIVEHURST COMMUNITY SWIMMING POOL																		•		
PEACH TREE GOLF & COUNTRY CLUB (Private)											•									
PLUMAS LAKE GOLF & COUNTRY CLUB											•									
RIVER OAKS GOLF CLUB											•									
RIVERFRONT PARK COMPLEX	•	•	•			•					•			•			•	•		
SAM BRANNON PARK						•										•				
SOUTH YUBA RIVER STATE PARK								•		•								•		
SPLAT HILL					•		•	•							•					
SPENCEVILLE WILDLIFE REFUGE				•								•	•							
SUTTER BUTTES			•	•								•								
SUTTER BYPASS WILDERNESS AREA				•				•					•							
SUTTER NATIONAL WILDLIFE REFUGE				•									•							
SUTTER YOUTH ORGANIZATION																		•		
THOUSAND TRAILS LAKE OF THE SPRINGS			•	•	•			•		•	•	•						•	•	
WARD'S LANDING								•											•	
YUBA RIVER								•											•	•
YUBA COUNTY PARK BIKE TRAIL			•																	
YUBA COUNTY SKATE PARK						•										•				



MARK ANTHONY CARTER

## January

### Polar Bear Plunge

Gauche Aquatic Park  
(530) 822-4650  
www.yubacity.net

### Renaissance Vineyards Wine

Tasting Fundraiser  
Alcuffe Community Center  
www.alcuffecenter.org

## February

### Annual All You Can Eat Crab & Shrimp Feed

Yuba City Rotary  
(530) 751-4268

### Annual Officer of the Year Dinner

Exchange Club of Marysville  
(530) 751-6566

### Bless Your Heart Walk

Yuba-Sutter Mall  
www.frhg.org

### Have A Heart For Kids 5K

Run/Walk  
River Valley High School Stadium  
www.ycusd.k12.ca.us

## March

### Active 20/30 Annual Brew Fest

Active 20/20 Club of Feather River  
frvactive2030@gmail.com

### An Italian Renaissance

### Masquerade Ball

Sutter Performing Arts Association  
(530) 740-0105

### Annual Quilt Show

Valley Quilt Guild  
www.ysfair.com

### Bok Kai Festival

Historic Downtown Marysville  
(530) 742-1747  
www.bokkaiFestival.com

### Evening In The Forest, Wine

Tasting & Art Reception  
Shady Creek Outdoor Foundation  
(530) 923-7475  
www.shadycreekoef.org

### Marysville Winter Pow Wow

American Indian Education Program  
(530) 749-6196

### US Gun Trader Show

Yuba-Sutter Fairgrounds  
(530) 438-2913

## April

### Community Easter Egg Hunt

Results Radio/Yuba-Sutter Fairgrounds  
www.ysfair.com

### Annual Italian Night

Kiwanis Club of Marysville  
(530) 632-4150

### Bike Around The Buttes

Sutter Buttes  
(530) 674-9112  
www.bikearoundthebuttes.com

### Run Drugs Out Of Town

5K Run/Walk  
River Valley High School  
(530) 674-1885  
www.rundrugsofthetownrun.org

## May

### Freedom's Heroes War On Terror Memorial

Calvary Christian Center  
(530) 673-6035  
www.agratefulnationremembers.com

### Cinco de Mayo Celebration

Yuba-Sutter Fairgrounds  
www.ysfair.com

### Farmers Markets

Center Street Farmers Market  
Center Street, Yuba City  
(530) 632-4419

Marysville's Friday Night Market & Music In The Park

D Street, Historic Downtown Marysville  
(530) 740-1213  
www.visitmarysville.com

Yuba-Sutter Certified Farmers Market  
Town Center, Yuba City  
(530) 329-2616  
www.ysfarmersmarket.com

### Gold Sox Baseball

Appeal-Democrat Stadium  
(530) 741-3600  
www.goldsox.com

### Kiwanis Annual Lobster Feed

Yuba-Sutter Fairgrounds  
www.ysfair.com

### Marysville Stampede Rodeo

Cotton Rosser Arena, Riverfront Park  
(530) 742-8249  
www.flyingurodeo.com

### Punjabi American Heritage Festival

Yuba-Sutter Fairgrounds  
www.punjabiamericanheritagesociety.org

### United Way Awards Banquet

Yuba-Sutter United Way  
(530) 743-1847  
www.yuba-sutterunitedway.org

### Vintage Tractor Days

Alcuffe Community Center  
www.alcuffecenter.org

### Youth Fishing Derby

Ellis Lake, Marysville  
(530) 742-5483

## June

### Antique Street Fair

Historic Downtown Marysville  
(530) 741-6069  
www.visitmarysville.com

### Farmers Markets

Center Street Farmers Market  
Center Street, Yuba City  
(530) 632-4419

Marysville's Friday Night Market & Music In The Park  
D Street, Historic Downtown Marysville  
(530) 740-1213  
www.visitmarysville.com

### Yuba-Sutter Certified Farmers Market

Town Center, Yuba City  
(530) 329-2616  
www.ysfarmersmarket.com

### Gold Sox Baseball

Appeal-Democrat Stadium  
(530) 741-3600  
www.goldsox.com

### Golden West Regional Fly-In

Yuba County Airport  
(530) 852-0321  
www.GoldenWestFlyin.org

### Hot Linda Nights & Car Show

Peach Tree Mall, Linda  
www.hotlindanights.com

### Live Oak Run To The River 5K Run/Walk

Live Oak High School, Live Oak  
www.liveoakcity.org

### Lucero Vineyards & Winery Fundraiser

Alcuffe Community Center  
www.alcuffecenter.org

### Relay For Life

Geweke Field, Yuba City  
(530) 741-1384  
www.cancer.org

### Summer Stroll

Downtown Yuba City  
(530) 755-1620  
www.yubacitydowntown.com

### Sunset Moulding/YCRC \$50K Men's Tennis Challenger

Yuba City Racquet Club  
(530) 673-6900  
www.yubacitychallenger.com

### Sutter Buttes Day

Sutter Youth Organization, Sutter  
www.sutterbuttesday.moonfruit.com

### Wine & Dine Under The Stars

MJUSD Educational Foundation  
www.mjusd.com  
(530) 749-6102

### Yuba-Sutter Pow Wow

American Indian Education Program  
(530) 749-6196

## July

### Azzurri Peach Classic

Riverfront Park Soccer Complex  
(530) 329-0213  
www.asctournaments.com/tournaments/peachfestclassic.html

### Brownsville Mountain Music & Arts Festival

Yuba Feather Communities Services  
(530) 741-3519

### Farmers Markets

Center Street Farmers Market  
Center Street, Yuba City  
(530) 632-4419

Marysville's Friday Night Market & Music In The Park  
D Street, Historic Downtown Marysville  
(530) 740-1213  
www.visitmarysville.com

Yuba-Sutter Certified Farmers Market  
Town Center, Yuba City  
(530) 329-2616  
www.ysfarmersmarket.com

### Gold Sox Baseball

Appeal-Democrat Stadium  
(530) 741-3600  
www.goldsox.com

### Marysville Peach Festival

Historic Downtown Marysville  
(530) 749-3954  
www.marysvillepeachfest.com

### Obon Festival

Marysville Buddhist Church  
(530) 743-6426  
marysvillebc.org

### Peach Festival 5K Run/Walk

Yuba College Foundation  
(530) 790-6746  
www.marysvillepeachfest.com



This publication is sponsored by The City of Live Oak  
(530) 695-2112 www.liveoakcity.org



# CALENDAR OF EVENTS *Annual—Ongoing*

## August

### Brews, Blues & BBQ

Early Riser Kiwanis Club of Yuba City  
(530) 218-3847  
www.brewsbluesandbbq.org

### Farmers Markets

Center Street Farmers Market  
Center Street, Yuba City  
(530) 632-4419

Marysville's Friday Night Market  
& Music In The Park  
D Street, Historic Downtown Marysville  
(530) 740-1213  
www.visitmarysville.com

Yuba-Sutter Certified Farmers Market  
Town Center, Yuba City  
(530) 329-2616  
www.ysfarmersmarket.com

### Forbestown Daze

Forbestown Park & Gold Trader Flat  
19096 New York Flat Road, Forbestown

Yuba-Sutter Certified Farmers Market  
Town Center, Yuba City  
(530) 329-2616  
www.ysfarmersmarket.com

### Live Oak Festival

City of Live Oak  
(530) 695-1519  
www.liveoakchamber.org

### North Yuba Harvest Festival

Alcouffe Community Center  
www.alcouffecenter.org

### Pumpkin Farm

Bishop's Pumpkin Farm  
(530) 633-2568  
www.bishoppumpkinfarm.com

### Two Cities Kennel Club Dog Show

Two Cities Kennel Club  
(530) 216-0529  
snocrestitibes@yahoo.com

### Uncorked

Active 20/20 Club of Feather River  
frvactive2030@gmail.com

### Warm September Nights

Car Show  
Foothill Lions Club  
(530) 743-4084

## October

### An Elegant Soiree, Wine &

Culinary Extravaganza  
Yuba-Sutter United Way  
(530) 743-1847  
www.yuba-sutterunitedway.org

### California Beer & Wine Festival

Plumas Street, Yuba City  
(530) 844-3132

### Farmers Markets

Center Street Farmers Market  
Center Street, Yuba City  
(530) 632-4419

Marysville's Friday Night Market  
& Music In The Park  
D Street, Historic Downtown Marysville  
(530) 740-1213  
www.visitmarysville.com

Yuba-Sutter Certified Farmers Market  
Town Center, Yuba City  
(530) 329-2616  
www.ysfarmersmarket.com

### Pink October Race For Awareness

Geweke Field, Yuba City  
www.pink-october.org

### Pumpkin Farm

Bishop's Pumpkin Farm  
(530) 633-2568  
www.bishoppumpkinfarm.com

### Scarysville Halloween Festival

D Street, Historic Downtown Marysville  
(530) 740-1213  
www.visitmarysville.com

### Smokin' On "D" BBQ Rib CookOff

D Street, Historic Downtown Marysville  
(530) 740-1213  
www.visitmarysville.com

Tales of the Crypt  
(530) 742-6508

## November

### Farmers Market

Center Street Farmers Market  
Center Street, Yuba City  
(530) 632-4419

### Christmas in November

Yuba-Sutter Fairgrounds  
(530) 674-1280  
www.ysfair.com

### Hmong New Year Festival

Yuba-Sutter Fairgrounds  
(530) 674-1280  
www.ysfair.com

### Monte Carlo Night

The Refuge, Yuba City  
(530) 518-0297

### Sikh Festival & Parade

2468 Tierra Buena Road, Yuba City  
(530) 673-9918

### Sutter Buttes Gem/Mineral Show

Yuba-Sutter Fairgrounds  
(530) 674-1280  
www.ysfair.com

### US Gun & Coin Show

Yuba-Sutter Fairgrounds  
(530) 674-1280  
www.ysfair.com

### Yuba-Sutter Veterans Day Parade

Historic Downtown Marysville  
(530) 743-2390

## December

### Christmas Stroll

Downtown Yuba City  
(530) 755-1620  
www.yubacitydowntown.com

### Marysville Christmas Parade

Historic Downtown Marysville  
(530) 749-3954  
www.visitmarysville.com

### Miracle of Christmas Drive-Thru

Crossroads Community Church  
(530) 751-9168  
www.crossroadsyubacity.org

### Trees & Traditions

Community Memorial Museum  
(530) 822-7141



### Gold Sox Baseball

Appeal-Democrat Stadium  
(530) 741-3600  
www.goldsox.com

### Yuba-Sutter Fair

Yuba-Sutter Fairgrounds  
(530) 674-1280  
www.ysfair.com

## September

### Farmers Markets

Center Street Farmers Market  
Center Street, Yuba City  
(530) 632-4419

Marysville's Friday Night Market  
& Music In The Park  
D Street, Historic Downtown Marysville  
(530) 740-1213  
www.visitmarysville.com

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Collins Lake—famous for their big bass, trophy trout and monstrous ice cream cones!



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# COLLINS LAKE: *Jewel of the Gold Country Foothills*

by Denise McDonald

What do lakefront camping, ice cream and world-class trout fishing have in common? Consider a trek to Northern Yuba County to find out. Resting in the Sierra Nevada foothills between Marysville and Grass Valley, Collins Lake offers year-round recreation in a picturesque setting. The man-made 1,000-acre lake was originally created to provide additional irrigation to nearby Loma Rica and Browns Valley. It still serves that purpose, but Collins Lake is also a 5-star, 1,600-acre recreation area, providing fishing, boating and lakefront camping.

The Browns Valley Irrigation District, the founding organization of Collins Lake, first acquired a permit for dam construction in 1950. Ten years later, a 4.8 million dollar loan was approved and construction on the Virginia Ranch Dam was completed in the autumn of 1963. The concession for recreation and camping was started in 1967 and has been family-run since 1972. When his father retired in 1995, Lincoln Young took over and currently runs the operation with his brothers. When asked to name a reason to visit the lake, Lincoln answered, “To create family memories. We’ve created a safe, serene, family-centered environment that draws people from all over Northern California and beyond.”

Daily visitors can take advantage of a shady picnic area, a children’s playground and a large sand swimming beach. Twelve miles of shoreline offer plenty of space for leisurely strolls to unwind and admire the beauty of the gold country foothills. Campers will find lakefront RV hookups as well as spacious sites for tent camping. Those who prefer more comfort when “roughing it” may wish to rent one of six cabins or three trailers and will be pleased to discover the availability of laundry




MARK ANTHONY CARTER

facilities and hot showers. As the Young family celebrates 40 years at the lake, remodeling of the general store has just been completed, doubling it in size. The store offers coffee, snacks, basic food items, camping gear, bait and tackle, clothing and is famous for jumbo-sized ice cream cones.

What of the lake itself? Thanks to early spring rain, the water level is at 100%, just in time for the main recreation season. Patio, fishing and paddle boats, as well as kayaks, are available to rent. One of the most compelling reasons to visit Collins Lake is the fishing. More than 50,000 trout are planted each spring, the largest private planting program north of Sacramento. The staff has built habitat areas for bass, bluegill and catfish to ensure a well-stocked, premium fishing destination. No matter your idea of recreation: camping, boating, fishing or all three, a trip to Collins Lake will create enduring memories, especially if you try that ice cream.

*Denise McDonald is a copywriter, blogger and freelance writer. She currently blogs for [unforeseenblogger.com](http://unforeseenblogger.com) and [Music Moves Me™](http://Music Moves Me™) ([blog.mmmillifestyle.com](http://blog.mmmillifestyle.com)) and has written for *The Sacramento Press* and various websites. A native Californian, she lives in Sacramento.*

Some people just know where to go to relax...



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[collinslake.com](http://collinslake.com)



# COME OUT & PLAY

## THINGS TO DO—PLACES TO GO

### ARCHERY, GUN, PAINTBALL RANGES

#### All Sports and More

201 D Street, Suite M, Marysville  
(530) 743-7575

#### Allyn Scott Youth Center

#### Yuba-Sutter Archery Association

1830 B Street, Marysville  
(530) 749-1776

#### Shooters All-Season Paintball

2891 Garden Highway, Nicolaus  
(877) 682-5278

#### Shooter's Paradise

1407A Colusa Avenue, Yuba City  
(530) 673-4100

#### Spenceville Public Target Shooting Range

Spenceville Wildlife Area  
(530) 538-2236

#### Twin Cities Rod & Gun Club

68 2nd Street, Yuba City (Outdoor Range)  
1125 Market Street, Yuba City (Indoor Range)  
(530) 751-7054

### BOWLING

#### NU Generation Lanes

876 Onstott Road, Yuba City  
(530) 755-2600

### CONCERTS

#### Borgamaria Lyric Opera Company

[www.yubasutterarts.org](http://www.yubasutterarts.org) (530) 742-ARTS

#### Sleep Train Amphitheatre

2677 Forty Mile Road, Wheatland  
[www.livenation.com](http://www.livenation.com) (530) 743-5200

#### Tri-County Concert Association

3101 Colusa Highway, Yuba City  
[www.tricountyconcert.com](http://www.tricountyconcert.com) (530) 695-3159

#### Yuba-Sutter Master Chorale

[www.yubasuttermc.com](http://www.yubasuttermc.com) (530) 742-ARTS

### CASINOS

#### Casino Marysville

515 4th Street, Marysville  
[www.casinomarysville.com](http://www.casinomarysville.com) (530) 743-4120

#### Colusa Casino Resort

3770 Highway 45, Colusa  
[www.colusacasino.com](http://www.colusacasino.com) (530) 458-8844

#### Feather Falls Casino

3 Alverda Drive, Oroville  
[www.featherfallscasino.com](http://www.featherfallscasino.com) (530) 533-3885

#### Gold Country Casino & Hotel

4020 Olive Highway, Oroville  
[www.goldcountrycasino.com](http://www.goldcountrycasino.com) (530) 538-4560

#### Golden State Casino

5402 Lindhurst Avenue, Marysville  
(530) 749-2137

#### Thunder Valley Casino

1200 Athens Avenue, Lincoln  
[www.thundervalleysresort.com](http://www.thundervalleysresort.com) (916) 408-7777  
SEE AD PAGE 52-53

### EQUESTRIAN CENTERS

#### Butte Star Ranch

8807 South Butte Road, Sutter  
[www.buttetstarranch.com](http://www.buttetstarranch.com) (530) 755-0154  
Boarding, Lessons, Training, Event Venue

#### Red Dog Ranch

5173 Franklin Road, Yuba City  
(530) 673-9683  
Boarding, Lessons, Training, Events

#### Peterson Equestrian

2356 Erle Road, Marysville  
[www.petersonesequestrian.com](http://www.petersonesequestrian.com) (530) 788-6738  
Boarding, Lessons, Training, Hunter/Jumper Show Barn

### FAIRS

#### Yuba-Sutter Fair

AUGUST: Yuba-Sutter Fairgrounds  
[www.ysfair.com](http://www.ysfair.com)

#### Wheatland/Beale Community Fair

APRIL: Bear River Middle School, Wheatland  
[www.wheatland.k12.ca.us/familyresource](http://www.wheatland.k12.ca.us/familyresource)

### FARMERS MARKETS

#### Brownsville Farmers Market

JUNE–SEPTEMBER: 16796 Willow Glen Road, Brownsville (530) 692-9006

#### Certified Grange Farmers Market

MAY–DECEMBER: 9765 Marysville Road, Dobbins (530) 692-9404

#### Marysville Friday Night Market

#### & Music In The Park

JUNE–AUGUST: Historical Downtown Marysville  
[www.visitmarysville.com](http://www.visitmarysville.com) (530) 740-1213

#### Yuba-Sutter Certified Farmers Market

MAY–OCTOBER: Town Center, Plumas Boulevard, Yuba City [www.ysfarmersmarket.com](http://www.ysfarmersmarket.com) (530) 671-2003

### FESTIVALS

#### Bok Kai Festival

MARCH: Historic Downtown Marysville  
[www.bokkaifestival.com](http://www.bokkaifestival.com) (530) 742-1747

#### Brownsville Mountain Music & Arts Festival

JUNE: Brownsville (530) 741-3519

#### California Beer & Wine Festival

OCTOBER: Plumas Street, Yuba City (530) 844-3132

#### Hmong New Year Festival

NOVEMBER: Yuba Sutter Fairgrounds  
[www.ysfair.com](http://www.ysfair.com)

#### Live Oak Festival

SEPTEMBER: Downtown Live Oak  
[www.liveoakchamber.org](http://www.liveoakchamber.org)

#### Marysville Peach Festival

JULY: Historic Downtown Marysville  
[www.marysvillepeachfest.com](http://www.marysvillepeachfest.com) (530) 749-3954

#### North Yuba Harvest Festival

SEPTEMBER: Alcouffe Community Center  
[www.alcouffecenter.org](http://www.alcouffecenter.org)

#### Obon Festival

JULY: Marysville Buddhist Church  
[marysvillebbc.org](http://marysvillebbc.org)

#### Punjabi American Festival

MAY: Yuba Sutter Fairgrounds  
[www.punjabiamericanheritagesociety.com](http://www.punjabiamericanheritagesociety.com)

#### Scarysville Halloween Festival

OCTOBER: Historic Downtown Marysville  
[www.visitmarysville.com](http://www.visitmarysville.com) (530) 740-1213

#### Sikh Festival & Parade

NOVEMBER: Yuba City (530) 673-9918

### FLEA MARKETS

#### Marysville Flea Market

1468 Simpson Lane, Marysville (530) 743-8713

### GAMING—VIDEO, TABLETOP

#### A Place To Game

502 J Street, Marysville (530) 870-8119

#### Allyn Scott Youth & Community Center

1830 B Street, Marysville (530) 749-1776

#### Hero's Hideout

229 Clark Avenue, Suite S, Yuba City (530) 751-3004

#### PowerPlay Internet Gaming Lounge

861 Gray Avenue, Suite P, Yuba City (530) 790-0424

#### Sutter/Yuba Friday Night Live

301 4th Street, Marysville (530) 742-5483

#### The Spot-Live Oak Community Resource Center

10720 Live Oak Boulevard, Live Oak (530) 695-2100

### GO CARTS

#### Marysville Fun Park

1468 Simpson Lane, Marysville (530) 743-8778

RALPH FRENCH



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& FIRE**

JULY 14 - 8PM

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KRALL**

AUGUST 18 - 8PM

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JUNE 29 - 7:30PM

**CREED**

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**GABRIEL  
IGLESIAS**

JUNE 30 - 8PM

**JEFF  
DUNHAM**

AUGUST 4 - 8PM

**STYX**

SEPTEMBER 6 - 8PM

**FOREIGNER**

JULY 6 - 8PM

**SMOKEY  
ROBINSON**

AUGUST 11 - 8PM

**RAMON  
AYALA**

SEPTEMBER 15 - 8PM

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# COME OUT & PLAY

## THINGS TO DO—PLACES TO GO

### GOLF COURSES & COUNTRY CLUBS

**Coyote Run Golf Course at Beale AFB**  
17440 Warren Shingle Boulevard, Beale AFB  
[www.bealeservices.com/coyoterungolf](http://www.bealeservices.com/coyoterungolf)  
(530) 788-0192

**Gold Mine Miniature Golf, The**  
4238 Highway 99, Yuba City  
(530) 674-0475

**Mallard Lake Golf Center**  
4238 Highway 99, Yuba City  
(530) 674-0475

**Peach Tree Golf & Country Club (PRIVATE)**  
2043 Simpson-Dantoni Road, Marysville  
[www.peachtreecountryclub.com](http://www.peachtreecountryclub.com) (530) 743-1897

**Plumas Lake Golf & Country Club**  
1551 Country Club Road, Olivehurst  
[www.plumaslake.com](http://www.plumaslake.com) (530) 742-3202

**River Oaks Golf Club**  
201 Lee Road, Nicolaus  
[www.riveroaksgolfclub.net](http://www.riveroaksgolfclub.net) (916) 488-GOLF

### LAKES

**Bullard's Bar Reservoir at Emerald Cove**  
[www.bullardsbar.com](http://www.bullardsbar.com) (530) 692-3200  
*Bike, Boat, Camp, Fish, Swim*

**Camp Far West**  
8176 Camp Far West Road, Wheatland  
[www.campfarwestlake.net](http://www.campfarwestlake.net) (530) 633-0803  
*Bike, Boat, Camp, Fish, Hunt, Swim*

**Collins Lake**  
7530 Collins Lake Road, Oregon House  
[www.collinslake.com](http://www.collinslake.com) (530) 692-1600  
*Bike, Boat, Camp, Fish, Hunt, Swim*  
[SEE FEATURE PAGE 50](#)

**Ellis Lake**  
Marysville  
[www.marysville.ca.us](http://www.marysville.ca.us) (530) 749-3901  
*Bike, Boat, Fish, Swim*

**Lake Engelbright**  
13104 Marina Road, Smartsville  
[www.englebrightlake.com](http://www.englebrightlake.com) (530) 432-6302  
*Bike, Boat, Camp, Fish, Swim*

**Lake Francis Resort**  
13919 Lake Francis Road, Dobbins  
[www.lakefrancisrv.com](http://www.lakefrancisrv.com) (530) 692-1700  
*Bike, Boat, Camp, Fish, Swim*

**Lake Minden**  
1256 Marcum Road, Nicolaus  
[www.1000trails.com](http://www.1000trails.com) (530) 656-2700  
*Bike, Boat, Camp, Fish, Swim*

### MOTOR SPORTS & BMX

**E-Street MX, Inc.**  
[www.estreetmx.com](http://www.estreetmx.com) (530) 673-5147

**Marysville Raceway Park**  
1468 Simpson Lane, Marysville  
[www.na-motorsports.com/tracks/ca/marysville.html](http://www.na-motorsports.com/tracks/ca/marysville.html)  
(530) 743-1327

**Riverfront MX Park**  
1010 Bizz Johnson Drive, Marysville  
[riverfrontmxpark.com](http://riverfrontmxpark.com) (775) 265-7223

### MOUNTAINS

**Sierra Nevada**  
[www.sierranevadaphotos.com](http://www.sierranevadaphotos.com)  
The Sierra Nevada range runs 400 miles north-to-south and is approximately 70 miles across east-to-west. Notable features include Lake Tahoe; Mount Whitney at 14,505 feet—the highest point in the continental United States; and Yosemite Valley sculpted by glaciers out of 100-million-year-old granite.

**Sutter Buttes "World's Smallest Mountain Range"**  
[www.middlemountain.org](http://www.middlemountain.org) (530) 671-6116  
The Sutter Buttes are a small circular complex of eroded volcanic lava domes that rise as buttes above the flat plains of the Sacramento Valley of California. The highest peak, South Butte, reaches about 2,130 feet above sea level. The Buttes are located just northwest of Yuba City. The Sutter Buttes hold the title of being the world's smallest mountain range.  
*Bike, Hiking*

### MUSEUMS

**Chinese American Museum of Northern CA**  
232 1st Street, Marysville  
(510) 710-2342

**Community Memorial Museum**  
1333 Butte House Road, Yuba City  
(530) 822-7141

**Gold Trader Flat—Yuba-Feather Museum**  
19096 New York Flat Road, Forbestown  
(530) 675-1025

**Mary Aaron Memorial Museum**  
704 D Street, Marysville  
(530) 743-1004

**Museum of the Forgotten Warriors**  
5865 A Road, Marysville  
[www.museumoftheforgottenwarriors.org](http://www.museumoftheforgottenwarriors.org)  
(530) 742-3090



KLAUS UEBERSCHAER

### PARADES

**Bok Kai Parade**  
**MARCH:** Historic Downtown Marysville  
[www.bokkaifestival.com](http://www.bokkaifestival.com)

**Marysville Christmas Parade**  
**DECEMBER:** Historic Downtown Marysville  
[www.visitmarysville.com](http://www.visitmarysville.com)

**Sikh Festival & Parade**  
**NOVEMBER:** Yuba City  
(530) 673-9918

**Yuba-Sutter Veterans Day Parade**  
**VETERANS DAY:** Historic Downtown Marysville  
(530) 743-2390

### PARAGLIDING

**Blue Sky Powered Paragliding**  
1617 Chateau Drive, Olivehurst  
[www.blueskypg.com](http://www.blueskypg.com) (530) 308-3523

### PROFESSIONAL BASEBALL

**Yuba-Sutter Gold Sox**  
**MAY-AUGUST:** Appeal-Democrat Park  
[www.goldsox.com](http://www.goldsox.com)

### RECREATIONAL PARKS & MARINAS

**Appeal-Democrat Stadium**  
429 10th Street, Marysville  
[www.goldsox.com](http://www.goldsox.com) (530) 741-3600  
*Baseball*

**Beckwourth Riverfront Park Complex**  
Bizz Johnson Drive, adjacent to the Feather River, Marysville  
[www.marysville.ca.us](http://www.marysville.ca.us) (530) 749-3901  
*Motocross, Picnic, Soccer, Softball, Boat Ramp*

**Bill Pinkerton Memorial Park**  
Hidden Creek Way & Knights Ferry Dr., Plumas Lake  
*Playground, Picnic*

**Blackburn-Talley Sports Complex**  
300 Burns Drive, Yuba City  
[www.yubacity.net](http://www.yubacity.net) (530) 822-4655  
*Softball, Picnic, Basketball*

**Date Street Park**  
Between O & P Streets  
[www.liveoakcity.org](http://www.liveoakcity.org) (530) 695-2112  
*Soccer field, Playground, Picnic*

**Donald F. Brown Memorial Park**  
Zanes & Darkhorse Drive, Plumas Lake  
*Playground, Picnic*

**East Lake Park**  
East 15th & Yuba Streets, Marysville  
*Picnic area*

**Ellis Lake & Gazebo Island**  
Ellis Lake, Marysville  
[www.marysville.ca.us](http://www.marysville.ca.us)  
*Picnic, Walking, Jogging*

**Eufay Wood St. Memorial Community Park**  
Zanes Dr. & River Oaks, Plumas Lake  
(530) 743-4657  
*Playground, Picnic, BBQ, Soccer, Baseball*



MARK ANTHONY CARTER



Yuba-Sutter Community Magazine—The official  
guide to living, working, and playing in Yuba-Sutter.

#### Friendship Park

West Linda Skateboard & BMX

5660 Alicia Avenue, Linda

(530) 749-5420

Playground, Tennis, Basketball, Baseball,  
Skateboard, BMX

#### Gavin Park

Johnson Avenue & Val Drive, Marysville

[www.marysville.ca.us](http://www.marysville.ca.us)

Picnic, Playground

#### Gauche Aquatic Park

421 C Street, Yuba City

[www.yubacity.net](http://www.yubacity.net) (530) 822-4655

Swim, Picnic, Horseshoes

#### Geweke Field

[www.yubacity.net](http://www.yubacity.net) (530) 822-4655

808 Gray Avenue, Yuba City

Soccer, Running Track

#### Gray Lodge State Wildlife Refuge

3207 Rutherford Road, Gridley

[www.dfg.ca.gov/lands/wa/region2/graylodge/](http://www.dfg.ca.gov/lands/wa/region2/graylodge/)

(530) 846-7500

Bike, Bird Watching

#### Greenwood Park

Greenwood Way & Coats Drive, Yuba City

Playground, Picnic, Basketball, Baseball

#### Hammon Grove Park

5560 E. Hwy 20, Browns Valley

(530) 749-5420

Picnic, BBQ, Hike, Fish, Yuba River access

#### Happy Park

Pebble Beach & Germaine Drives, Yuba City

Playground, Picnic

#### Hillcrest Park

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Playground, Picnic, Basketball, Baseball

#### Johnson Park

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Picnic, BBQ, Playground

#### Kingwood Park

gray Avenue between Butte House Road & Charlotte

Avenue, Yuba City

Playground, Exercise Stations

#### Lindhurst Memorial Park

McGowan Parkway & Olivehurst Avenue, Olivehurst

(530) 743-4675

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### Cotton's Cowboy Corral

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(530) 742-2401

### D & D Motorsports

431 5th Street, Marysville  
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622 Gray Avenue, Yuba City  
(530) 674-0179

# COME OUT & PLAY

## THINGS TO DO—PLACES TO GO

### Marysville Raceway Park

1468 Simpson Lane, Marysville  
(530) 743-1327

### Miner Park

E. 14th & Sampson Streets, Marysville  
*Playground, Picnic, Basketball, Skate Park*

### Motor Park

14th & G Streets, Marysville  
*Playground, Picnic, Basketball*

### Northridge Park

Clark Avenue at Northridge Drive, Yuba City  
*Playground, Picnic, Walking/Jogging Trail*

### Oak Tree Park

Behine City Hall, corner of Pennington Road and Luther  
*www.liveoakcity.org* (530) 695-2112  
*Playground, Picnic*

### Olivehurst Community Park

Powerline Road between 9th & 10th Streets, Olivehurst  
(530) 743-4657  
*Playground, Basketball, Picnic, BBQ*

### Orchard Glen Park

Bridgeport Way & Golden Gate Drive, Plumas Lake  
*Playground, Picnic*

### Patriot Park

Queens Avenue & Upland Drive, Yuba City  
*Playground*

### Pennington Ranch Park

Between Musgrave Avenue & Megan Way  
*www.liveoakcity.org* (530) 695-2112  
*Basketball, Playground, Picnic, BBQ*

### Ponderosa Park

Ponderosa Road, Brownsville  
*Playground, Tennis, Baseball, Picnic, BBQ, Paved Fitness Trail, Amphitheatre/Stage*

### POW/MIA Park

1790 Edgewater Circle, Linda  
(530) 749-5420  
*Playground, Spray Park, Basketball, Baseball, Picnic*

### Regency Park

*www.yubacity.net* (530) 822-4655  
Corner of Stabler Lane & Parc West Drive  
*Summer Splash Zone, Picnic*

### River Park

Independence Trail & Missouri Drive, Plumas Lake  
(530) 743-4657  
*Playground, Picnic, BBQ*

### Rolling Hills Park

Wilcox Ranch Road & Lidenmeir Drive, Plumas Lake  
(530) 743-4657  
*Playground, Picnic*

### Sam Brannan Park

806 Gray Avenue, Yuba City  
*www.yubacity.net*  
*Tennis, Horeshoes, Skateboarding*

### Shanghai Garden Park

Garden Highway & Shanghai Bend Road, Yuba City  
*www.yubacity.net* (530) 822-4655  
*Playground, Water Feature, Basketball, Walking/Jogging Trail, Picnic*

### South Yuba River State Park

17660 Pleasant Valley Road, Penn Valley  
*www.parks.ca.gov* (530) 432-2546  
*Bike, Gold Panning*

### Spenceville Wildlife & Recreation Area

10066 Robinson King Road, Nevada City  
*www.spenceville.org* (530) 265-2666  
*Bike, Bird Watching, Boat, Camp, Fish, Hiking, Hunt, Swim*

### Splatt Hill

6841 Marysville Road, Browns Valley  
*www.splathill.com*  
*Paintball, Disc Golf, Fishing, Camping*

### Sycamore Ranch RV Park & Campground

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(530) 749-5669  
*Camp, Picnic, Horseshoes, Hiking, Swim, Fish, Raft*

### Thousand Trails/Lake of the Springs

14152 Frenchtown Dobbins Road, Oregon House  
*www.thousandtrails.com* (530) 692-1612

### Triplett Park

Rideout Way & Covillaud Street, Marysville  
*Playground, Picnic*

### Veterans Park

5th Street between G & H Streets, Marysville  
*Playground, Picnic*

### Veterans Park

Churchill Way & Kensington Drive, Plumas Lake  
*Playground, Picnic, Softball*

### Ward's Landing

2701 Butte Slough Road, Colusa  
*www.sacramentoriver.org* (530) 696-2673

## RIVERS

### Bear River

*www.parks.ca.gov*  
*Boat, Fish, Raft, Swim*

### Feather River

*www.parks.ca.gov*  
*Boat, Fish, Raft, Swim*

### Sacramento River

*www.sacramentoriver.org*  
*Boat, Fish, Raft, Swim*

### Yuba River

*www.parks.ca.gov*  
*Boat, Fish, Raft, Swim*

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MARK ANTHONY CARTER

# WHERE TO STAY

## Sleep, glorious SLEEP!

Looking for a place to rest after a fabulous day of sightseeing, boating, skiing, fishing, hiking or visiting with family and friends? You'll find just what your weary body needs in Yuba-Sutter. Fancy a cozy Victorian B & B with breakfast on the patio? Perhaps something close to shopping, fine dining and the town center is to your liking... or maybe a cool dip in the pool is just what you need? Whatever your pleasure, you will find our accommodations exemplary and just the "soft pillow" you're looking for at the end of the day. Sweet dreams!

### ACCOMMODATIONS

#### BED & BREAKFAST

**Harkey House Bed & Breakfast Inn**  
212 C Street, Yuba City (530) 674-1942  
[www.harkeyhouse.com](http://www.harkeyhouse.com)

#### HOTELS/MOTELS

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**Brownsville Motel**  
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**Days Inn**  
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**Econo Lodge**  
730 N Palora Avenue, Yuba City (530) 674-1592  
[www.econolodgeyubacityhotel.com](http://www.econolodgeyubacityhotel.com)

**Hampton Inn & Suites**  
1375 Sunsweet Blvd., Yuba City (530) 751-1714  
[www.hampton.com](http://www.hampton.com)

**Motel 6**  
803 E Street, Marysville (530) 743-5465

**Nice Inn**  
545 Colusa Avenue, Yuba City (530) 671-1151

**Travelodge Hotel**  
965 Gray Avenue, Yuba City (530) 790-7066  
[www.palisadehotelyubacity.com](http://www.palisadehotelyubacity.com)

**Quality Inn Suites**  
4228 S Highway 99, Yuba City (530) 674-0201  
[www.qualityinn.com](http://www.qualityinn.com)

**Rio Inn & Suites**  
899 N Beale Road, Marysville (530) 749-8344

**Super 8**  
1078 N Beale Road, Marysville (530) 742-8238

### RUNS

#### Bless Your Heart Walk

**FEBRUARY:** Yuba-Sutter Mall, Yuba City  
[frhg.org](http://frhg.org)

#### Have A Heart For Kids 5K Run/Walk

**FEBRUARY:** River Valley High School, Yuba City  
[www.ycusd.k12.ca.us](http://www.ycusd.k12.ca.us)

#### Live Oak Run To The River 5K Run/Walk

**JUNE:** Live Oak High School, Live Oak  
[liveoakcity.org](http://liveoakcity.org)

#### Peach Festival 5K Run/Walk

**JULY:** Marysville  
[www.marysvillepeachfest.com/runwalk.htm](http://www.marysvillepeachfest.com/runwalk.htm)

#### Pink October Race For Awareness

**OCTOBER:** Geweke Field, Gray Ave School, Yuba City  
[www.pink-october.org](http://www.pink-october.org)

#### Relay For Life

**JUNE:** Geweke Field, Gray Ave School, Yuba City  
[www.cancer.org](http://www.cancer.org)

#### Run Drugs Out of Town 5K Run/Walk

**APRIL:** River Valley High School, Yuba City  
[www.rundrugsofthetown.org](http://www.rundrugsofthetown.org)

### STROLLS

#### Christmas Stroll

**DECEMBER:** Downtown Yuba City, Plumas Street  
[www.yubacitydowntown.com](http://www.yubacitydowntown.com)

#### Summer Stroll

**JUNE:** Downtown Yuba City, Plumas Street  
[www.yubacitydowntown.com](http://www.yubacitydowntown.com)

### SWIM POOLS

#### Gauche Aquatic Park

421 C Street, Yuba City  
[www.yubacity.net](http://www.yubacity.net) (530) 822-4655  
Swim, Picnic, Family Fun

#### Live Oak Swimming Pool

Pennington Road & "P" Streets, next to Live Oak Memorial Park  
[www.liveoakcity.org](http://www.liveoakcity.org) (530) 695-2112  
Swim, Family Fun

#### Olivehurst Community Swim Pool

1962 19th Avenue, Olivehurst  
(530) 743-4657

#### Sutter Youth Organization

7780 Butte House Road, Sutter  
(530) 673-2495

### THEATRES

#### Acting Company, The

815 B Street, Yuba City  
[www.actingscompany.org](http://www.actingscompany.org) (530) 751-1100

#### Cinemark

1410 Wyler Road, Yuba City  
[www.cinemark.com](http://www.cinemark.com) (530) 751-2850

#### Lee Burrows Center For The Arts

630 E Street, Marysville  
[www.yubasutterarts.org](http://www.yubasutterarts.org) (530) 742-2787

### TRAILS (HIKING, BIKE, EQUESTRIAN)

#### Bullard's Bar Reservoir at Emerald Cove

[www.bullardsbar.com](http://www.bullardsbar.com) (530) 692-3200

#### Camp Far West

8176 Camp Far West Road, Wheatland  
[www.campfarwestlake.net](http://www.campfarwestlake.net) (530) 633-0803

#### Feather River Levee Bike Trail

Along the Feather River from Northgate off Live Oak Boulevard over to Shanghai Bend. Trail continues under the 5th & 10th Street bridges, then drops off onto Marysville City streets, then back up on the levee near the boat dock.  
[www.yubacity.net](http://www.yubacity.net)

#### Spenceville Wildlife Area

Yuba & Nevada Counties; approximately 18 miles east of Marysville, and north of Camp Far West.  
[www.dfg.ca.gov/lands/wa/region2/spenceville.html](http://www.dfg.ca.gov/lands/wa/region2/spenceville.html)

#### Sutter Buttes (Guided Hikes)

**OCTOBER-MAY:** The Middle Mountain Foundation, Hike difficulty ratings from easy to strenuous.  
[www.middlemountain.org](http://www.middlemountain.org) (530) 755-3568

### WINERIES/BREWERIES

#### Bali Winery & Tasting Room

664 Plumas Street, Yuba City  
[bali-wines.com](http://bali-wines.com) (530) 751-5154

#### Cante Ao Vinho Winery

3065 Wintun Way, Wheatland  
[canteaovinho.com](http://canteaovinho.com) (530) 633-0234

#### Cordi Winery

10401 Ingram Lane, Live Oak  
[cordiwinery.com](http://cordiwinery.com) (530) 695-1785  
**SEE AD PAGE 7**

#### Lucero Vineyards & Winery

10654 Texas Hill Road, Dobbins  
[www.lucerovineyards.com](http://www.lucerovineyards.com) (530) 692-1141

#### Sutter Buttes Brewing

421 Center Street, Yuba City  
**SEE AD PAGE 40**  
[www.sutterbuttesbrewing.com](http://www.sutterbuttesbrewing.com) (530) 790-7999

#### Renaissance Vineyard & Winery

12585 Rices Crossing Road, Oregon House  
[www.renaissancewinery.com](http://www.renaissancewinery.com) (800) 655-3277

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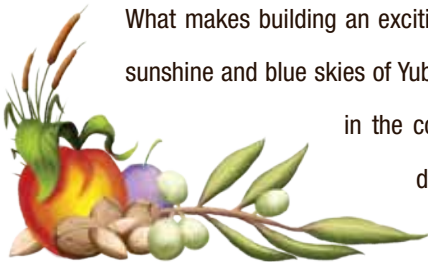


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